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ᐅᑎᐸᒋᒧ

Otipacimo

ᒫᕝᕕᑦ ᐃᑉᐋᐃᐊᑦᑎ

ᒫᕝᕕᑦ ᐃᑉᐋᐃᐊᑦᑎ –

ᑕᒋᕐᐃᑉᓂᑦᑐᑦ ᐊᑉᐅᐃᑉᑐ ᑎᒋᒋᒧᐃᑉᑐ

ᒫᕝᕕᑦ ᐃᑉᐋᐃᐊᑦᑎ, ᑕᒋᕐᐃᑉᓂᑦᑐᑦ ᐊᑉᐅᐃᑉᑐ ᑎᒋᒋᒧᐃᑉᑐ
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ᐱᓂᑦ ᐃᑉᓯᓂᑦ (ᐱᓂᑦ ᐱᐃᑉᓯᓂᑦ!)
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ᑲᓇᐁᑉᒋᕐᐃᑉᑐ ᒥᓇ ᒥᓄᐅᐃᑉᑐ ᐃᐧᐃᒪ ᕐᓂᒪᐅ ᒪᕐ ᑲᐯᒋᐃᑉᑲᒥᑯᑦᑐᑦ ᑲᐯᒋᐃᑉᓇᑦᑐ
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SLFNHA ᒐᑲᑎᒋᑲᑦᑐ ᒧᑉᐅᐧᐃᕐᐃᑉᑐ!
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ᐅᐃᓐᑦᑕᒪᕋᐃᓐᑦ ᐊᐦᐊᐁᓐ
ᐳᐣᐊᔭᑦ ᑲᐣᐁᕝ, CFO

ᓂᒥᓇᓐᑕᑦ ᐅᐦᐅᐁᓐ ᒋᒥᓂᑯᐊᔅ SLFNHA ᑲᐱᐳᑦᔅ ᒪᑦᓱᓇᐦᐃᑲᑦ ᐅᑎᐸᒋᒧ, ᑲᑎᐸᒋᒧᑉ᙮

ᐅᐦᐅᐁᓐ ᑲᓂᒪᒐᔭᑦᔅ ᐊᐊᓐᓱᒥ ᐊᐱᑕᐃᓐᐱᐳᑦ (ᒪᑯᖓᑭᓱᑲ ᐱᓱᑦ 21), ᑲᓂᓱᑕᐃᓐᓇᒥᑦ ᐁᐃᓱᔅᔅ ᐁᐅᒡᑭᔅᑭᑦ ᕿᑯᓇᑦ, ᐁᐃᓱᔅᔅ ᒥᓇ ᒋᒥᓄᐊᓐᑕᒥᑦᔅ, ᐁᒥᓄᔅᔅ ᒣᑲᓐ ᑲ ᐊᐦᑯᐊᐦᑭᐊᓐᔅ ᒋᑲᓇᐊᓐᐸᑦᑕᒥᑦᑭᑦ ᐅᑕᓇᑦᔅ ᑭᑎᓱᔅᔅᐃᓐᓂᓇᑦ ᒥᓇ ᓂᑲᑦ ᒋᓇᐱᔭᑦᔅ ᐊᐦᐊᐁᓐ “ᐅᒡᑭ ᑭᓱᑫ” ᐅᑦᒋ ᓂᑲᓂᑦᔅ᙮ ᑲᐱᐳᑦᔅ ᐃᓇᑭᑦᒐ ᐁᓐᒡᑲᑦ ᐊᒐᑯᐃᓐᑦ, ᐁᑲᓐ ᒋᓇᑲᒋᑕᔭᑦᑭᑦ ᑭᑕᓇᒥᓇᑦ ᐅᑦᒋ ᒋᑎᐸᒋᒧᔭᑦᔅ ᒥᓇ ᒋᑭᒋᓂᒪᔭᑦᔅ ᐅᑕᓇᑦᔅ ᑲᑭᐱᒪᒋᐦᐃᑯᔭᑦᔅ ᐁᑭᒋᓂᑦᑕᑯᔅ ᒋᑭᒋᓂᑦᑕᒪᑦᔅ ᑲᑭ ᐅᑦᒋᔭᑦᔅ, ᐃᐦᐃᐁᓐ ᒪᐊᓐᒡ ᐁᐅᓇᒋᑭᔭᑦᔅ ᐅᑦᒋ ᒋᐊᓂᑕᑲᔭᔅ ᐱᓱᒪᑦ ᓂᑲᑦ᙮ ᒥᔅᑦ ᐱᓱᒪᑦ ᒋᑕᑲᔭᔅ ᐊᔭᐊᓐᑦ ᐊᐸᑦ ᒋᐊᓂ ᐸᑲᐦᐊᑦᔅ ᐊᓂᓱᑲᓐᔅ, ᓇᑯᒡ ᑭᓂᓱᑕᐁᓐᑦᑕᒥᑦ ᒋᐱᑭᐁᓐᒡᑲᕋᒪᑲᔅ ᐊᓂᑭᓇᓐᔭᔅ ᒋ ᐃᓱᔅᔅ, ᐁᑯᑕᒡ ᒋᒥᓄᐊᓐᑕᒪᑦᔅ᙮

ᐅᐦᐅᐁᓐ ᒪᒋᑕᒪᓱᐃᓐᑦ ᓇᓂᔭᐃᓐ ᐱᒥᐃᓐᒋᕋᐃᓐᑦ ᓂᑲᓇᐊᓐᐸᑦᑕᒥᑦ ᐁᐊᓄᑭᒋᑲᒐᔅ ᒋᓇᐳᔅᔅ ᒋᐃᓐᒋᐦᐃᑯᔭᑦᔅ ᒋᑭᑐᒋᑲᒐᑭᑦ ᑎᐸᐦᐃᑲᓂᑦᔅ ᒥᓇ ᑐᑕᒧᐃᓐᓂᑦᔅ ᑕᒋᕋᐃᓐᓂᑦᔅ ᑲᓇᐁᓐᑦᒋᕋᐃᓐᑦ ᒥᓇ ᒋᑕᐸᓱᓂᑲᒐᔅ ᐅᓂᐱᐦᐃᕋᐃᓐ ᐱᒥᐃᓐᒋᕋᐃᓐᓂᑦᔅ᙮ ᐁᓂ ᐅᑎᑕᒪᑦᔅ ᐁᐱᐳᑦᔅ ᐃᓇᑭᑦᒋᑲᒐ ᒪᒋᑭ ᓂᑦᕋᓐᓂᐃᓐ ᓇᓂᔭᐃᓐ ᐊᐦᑭᐃᓐ ᐱᒥᐃᓐᒋᕋᐃᓐᑦ, ᐊᓂ ᑲᓐᔭᑦᒋᓇᓂᐊᓐᑦ ᐸᐸᒥᓱᐃᓐᓂᓇᑦ ᒥᓇ ᓇᓂᔭᐃᓐ ᓴᑲᑭᑦᒋᕋᐃᓐᑦ ᐅᑦᒋ 2022-2023 ᓇᓂᔭ ᑲᑭᓇᓴᑲᔅᔅ ᒣᑎᓂᕋᐃᓐᑦ, ᐃᓂᐁᓐᓂᐊᓐᑦ ᑲᐊ ᓂᑕᑦ ᐅᓇᒋᕋᐃᓐᓇᑦ ᒥᓇ ᑲᓐᔭᑦᒋᐃᓐᓇᑦ ᐅᑦᒋ ᐅᒡᑭ ᓇᓂᔭ ᕋᐃᓇᓴᑲᔅᔅ ᒣᑎᓂᕋᐃᓐᑦ 2023-2024᙮

SLFNHA ᒥᓄᔭᐃᓐᑦ ᑲᐃᕐᒪᒪᐤ ᐊᐅᑭᑦ ᑭᒪᒋᒋᑲᒐ ᑲᓂᑕᑲᓐᑭᔅ ᒥᓇ ᐁᑭᐅᑦᑎᓂᑲᒐᑭᑦ ᕋᐃᕐᐊᐅᑭᑦ ᒥᓄᔭᐃᓐ ᑲᓇᐁᓐᑦᒋᕋᐃᓐᑦ ᐃᐦᐃᒪ ᓂᐃᓐᑦ ᑕᕐᕋᐃᓐᓇᑦ᙮ ᐃᓂᐁᓐᓂᐊᓐᑦ ᒥᓄᔭᐃᓐ ᑲᓇᐁᓐᑦᒋᕋᐃᓐᑲᒥᑯᑦ ᐅᑦᒋᓱᔅᔅ ᐊᐊᓐᐦᐃᒥ ᒋᐊᔭᑭᑦ ᒪᐧᑭᑭᐃᓐ ᓇᑲᒋᒋᕋᐃᓐᓇᑦ ᐃᓐᒋᐦᐃᐁᓐᐃᓐᓇᑦ ᒋᐅᑦᒋ ᐸᑭᑎᓂᑲᒐᑭᑦ ᐃᐦᐃᒪ ᑕᕐᕋᐃᓐᓂᑦᔅ, ᒥᓇ ᑲᐊ ᒋᑕᑯᓱᒋᑲᒐᔅ ᓂᔅᑦ ᕋᐃᕐᓂᐸᓂᐊᓐᔅ ᑲᐱᓇᐊᓐᔅ ᒪᐧᑭᑭᐃᓐᓂᓂᐊᓐᔅ/ᐅᑭᑭᓄᒪᕋᔅ᙮ ᐅᐦᐅᐁᓐᑎ ᓂᑲᑦ ᓂᐅ ᐊᐦᑭᐃᓐᑦ ᑲ ᐊᓄᑭᑕᒥᑦ ᒋᐅᑦᑎᓇᑲᔅᔅ ᓇᓂᔭ ᑲᐸᑭᑎᓇᑲᔅᔅ ᒋᐅᕐᒋᑲᒐᑭᑦ ᑯᑕᑭᔭᑦ ᒥᓄᔭᐃᓐᑦ ᐃᓐᒋᐦᐃᐁᓐᐃᓐᑲᒥᑯᑦ ᒥᓇ ᒋᐸᑭᑎᓂᑲᒐᑭᑦ ᐊᐊᓐᕐᒥ ᒥᓄᔭᐃᓐᑦ ᐃᓐᒋᐦᐃᐁᓐᐃᓐᓇᑦ ᐃᐦᐃᒪ ᑕᕐᕋᐃᓐᓂᑦᔅ᙮ ᐱᒥᑐᑕᒥᑦ ᐁᑲᓇᐊᓐᐸᑦᑕᒪᑦᔅ ᒋᑭᒥᑭᐁᓐᓇᓂᐊᓐᑦᔅ ᐊᓄᑭᐃᓐᓇᑦ ᐅᓇᒋᕋᐃᓐᑦ, ᐁᐅᑦᒋ ᐅᕐᒋᑲᒐᔅ ᐃᐦᐃᒪ ᐱᒥᐃᓐᒋᕋᐃᓐᑦ ᒥᓄᔅᔅᐃᓐᑦ, ᒋᓂᑲᓇᒋᑲᒐᑭᑦ ᐃᓐᒋᐃᓐᑎᐃᓐᓇᑦ ᐅᑦᒋ ᐊᐃᕐᒋᓂᓂ ᓇᓂᔭᐃᓐ ᒪᒋᑕᐃᓐᓇᑦ, ᒥᓇ ᒋᐅᑕᐱᓂᑲᒐᔅ ᒪᒋᑕᒪᓱᐃᓐᑦ ᑲᓐᔭᔅ ᑲᓇᐊᓐᐸᑦᒋᕋᐃᓐᑦ᙮

ᓂᒥᓇᓐᑕᒥᑦ ᐃᐦᐃᐁᓐ ᑲᐃᓱᔅᔅ ᒋᐱᒥ ᐊᓄᑭᑕᐊᓐᔭᑦᔅ 33 ᐊᓂᕐᓂᓂ ᑕᕐᕋᐃᓐᓇᑦ ᑲᑕᓇᓄᑭᔭᑦᔅ, ᒥᓇ ᒋᓇᓄᑭᓇᓂᐊᓐᐊᑦᔅ ᒋᐅᓇᒋᑲᒐᔅ ᐅᒡᑭ ᓇᓂᔭᐃᓐᑦ ᑲᐸᑭᑎᓇᑲᔅᔅ ᒋᓱᔅᔅ ᑲᑭ ᐃᑭᑐᓇᓂᐊᓐᑦᔅ ᐃᓐᑦᑕᒪᕋᐃᓐᓇᑦ ᒣᑲᓐ ᑲᑕᑲᓐᑭᔅ ᐯᕐᕋᑯ ᐊᐦᑭᐃᓐᑦ ᒪᐊᓐᒋᐦᐃᑎᐃᓐᑦ᙮

ᐁᑲᓐ ᒥᓇᓐᑕᒧᔅ ᐅᐦᐅᐁᓐ ᐯᐸᑦ ᑲᑎᐸᒋᒧᓇᓂᐊᓐᑦᔅ ᒥᓇ ᑲᐃᓇᓄᑭᓇᓂᐊᑦᔅ ᐅᐦᐅᒪ SLFNHA᙮

ᑭᐸᑯᔅᓂᒥᑯ ᒋᒥᓄᔅᔭᑦ ᑲᐯᐦᐃ ᒣᑲᓐ ᐅᐦᐅᐁᓐ ᑲᐱᐳᑦᔅ᙮

ᑭᐸᑯᔅᓂᒥᑯ ᒋᒥᓄᔅᔭᑦ ᑲᐯᐦᐃ ᒣᑲᓐ ᐅᐦᐅᐁᓐ ᑲᐱᐳᑦᔅ᙮

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ᑭᐃᓐᑲᓐᑦ ᐁᑦᑐᑕᒪᑦ

ᐊᐃᓐᔭ ᐁᐃᓐᑦᑕᒪᐃᓐᔅ
ᐁᑲ ᒪᔅᒋ ᐁᐅᑕᐱᓇᒪᑦ
ᐊᐦᑭᔅ ᒦᑕᐦᐅᑯᐃᓐᑦ

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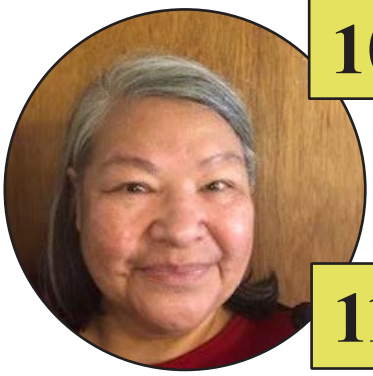

11

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ᒫᐳᑦ ᐃᑉᐸᐃᐊᑦᑎ, ᑕᓯᕿᐃᑉᓂᑦᑐ ᐊᑉᒐᐃᑉᑐ ᑎᑦᒋᒧᐃᑉᑐ 04

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ᑭᑭᓄᒪᑎᐃᑉᑲᒥᑯᑦᑐ*
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i ᑐᑭᑐᓐ ᑭᑕᐊᓂᓱᓇᐯᒧᑉᐃᓐ 12

ᑲᓇᐁᑉᒋᕿᐃᑉᑐ ᒥᓇ ᒥᓄᐅᐃᑉᑐ ᐃᖕᐃᒪ ᕿᓂᒪᐅ ᒪᕿ ᑲᐯᓱᐃᑉᑲᒥᑯᑦᑐ
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ᓇᐱ ᐃᒡᑯᓄᐃᑉᑐ ᑲᕿᑉᒐᐃᑉᑐ & ᓇᑲᐁᑉᓱᒋᕿᐃᑉᑐ ᐅᐊᑉᐁᑉ ᓴᑉᐊ ᓴᑲᒧᑐ
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ᒫᖅ ᐃᓐᕕᐃᐊᑦᑎ: ᑕᒋᕐᐃᓐᓂᒃᑯ ᐊᓐᒐᐃᓐᒃ ᑎᒋᒧᐃᓐᒃ

ᒫᖅ ᐃᓐᕕᐃᐊᑦᑎ ᐃᓇᓄᑭ ᐊᐊᓐᓯᓂᑉ ᒥᑐᒃᓯᑲᒃ ᒥᓄᔭᐃᓐᒃ ᒥᓇ ᒥᓂᕐᐃᓐᓇᒃ ᐊᓄᑭᓇᑲᒃ ᑲᑕᓇᓄᑭᒻ ᐃᖅᐃᒪ ᐱᓱᐃᓐ ᓴᖅᐃᑲᓂᒃᑉ ᑕᒋᕐᐃᓐᓂᒃᑉ᙮ ᐅᑎᓱ ᐊᕙᑕᒪᑐᒃ ᐅᑎᐸᖅᐃᑲᒃ ᐅᐃᓐᒋᐊᓐᒻ ᐃᓐᒋᖅᐃᐅᓐᐃᓇᒃ ᒥᓇ ᐅᒥᒋᐅᓐᒻ ᑲᒥᓇᓐᓱᒋᒃ ᐃᓱᒋᕐᐃᓐᓇᒃ ᐅᒃᒋ ᐅᖅᑲᑎᓴᒃ ᐃᖅᐃᒪ ᑕᒋᕐᐃᓐᓂᒃᑉ᙮ ᑲᑲᕐᑎᐱᓂᓇᒃᑉ ᐃᖅᐃᐅᓐᓂ ᒋᑭᕐᒃᑕᒥᓂᒻ ᐅᖅᑲᑎᓴᒃ᙮ ᒫᖅ ᐅᑕᔭᓇᒃ ᐊᓂᓱᓂᓂᑦ ᑐᑕᒧᐃᓐᓇᒃ ᓇᑲᒋᐃᓐᓇᒃ ᑎᓄᑲᒃ ᓇᒃᑕᐅᓐᒃᒋᕐᐃᓐᒃ, ᑭᑯᒃᓯᕐᐃᓐᒃ ᒥᓇ ᐅᑲᖏᓯᑲᑐᒻ ᐊᓂᓱᓂᓂᑦ ᐃᓐᔭᓯᕐᐃᓐᒃ ᒥᓇ ᐅᑕᓱᐱᒪᑎᓯᓇᓂᐊᓐᒃᑉ ᐊᖅᑭᑲᒃᑉ᙮ ᐅᓄᐅᓐᓂᐊᓐᒃ ᑲᑭᓇ ᓇᑲᒋᐃᓐᓇᒃ ᐊᐸᒋᒋᕐ ᒥᓇ ᐅᓂᒥᑭᐅᓐᒻ ᐅᖅᑲᑎᓴᒃ, ᒋᐊᓂ ᓇᒃᑕᐅᓐᒃᑕᒧᐊᓐᒻ ᒋᑲᖅᑕᐊᓐᒻ ᒋᑲᓇᐅᓐᒃᑕᒧᐊᓐᒻ ᐊᓂᓱᓂᓂᑦ ᑐᑕᒧᐃᓐᓇᒃ ᐅᑕᓇᒃᑉ ᑲᑭᐱᑐᑕᒧᐊᓐᒻ ᑲᑭᐱᒪᑎᓯᐊᓐᒻ ᒥᓇ ᒋᐃᓐᒋᖅᐃᑯᐊᓐᒻ ᒋᑕᓱᐱᒪᑎᓯᐊᓐᒻ ᐊᖅᑭᑲᒃᑉ᙮

“ᐊᓂᓱᓂᓂᑦ ᑕᒋᕐᐃᓐᓇᒃ ᑲᐃᓐᒃ ᐯᓱᑯᒃ ᐃᓯᓴᓯᓄᒃ ᑲᑲᐯᓱᓇᓂᐊᓐᒃᑉ ᑭᒋᐅᑐᓇᒃᑉ ᑲᐸᒪ ᐅᑐᓇᒃᓴᒃ,” ᐃᑭᑐ ᒫᖅ “ᐊᔭᐊᓐᓄᒃ ᓄᐱᒪᑲᒥᒻ ᐊᓂᒃᑕ ᑕᒋᕐᐃᓐᓇᒃ ᒧᒋ ᐱᒥᓴᓇᓂᐊᓐᒃ ᒣᑲᓐ ᑲᓂᐱᒃᑉ ᐯᐃᓇᒧᑭᒃ ᐯᒻᑕ ᒥᑲᓇᒃ ᐃᖅᐃᒪ ᐅᑐᓇᒃᓴᒃ ᒥᓇ ᑭᒋᐅᑐᓇᒃ ᒥᓇ ᐯᑕ ᑲᐱᐳᒃᑉᒻ ᐱᓯᒪᒃ᙮”

ᒫᖅ ᐅᓂᓯᑐᑕᒃ ᐃᓂᐯᓐᓂᐊᓐᒃ ᐃᓇᑎᓯᐃᓐᓇᒃ ᒥᓇ ᐃᓇᑲᓄᓯᐃᓐᓇᒃ ᑲᐃᓱ ᒣᒣᔭᑭᓇᑯᑭᒃ ᑭᐯᓐᑎᓄᒃᑉ ᑕᒋᕐᐃᓐᓇᒃ ᒥᓇ ᑭᒋᐅᑐᓇᒃ ᑲᐃᓱᐊᑐᑭᒃ ᐊᓯᓂᒃ ᒥᑲᓇᒃ ᒋᐊᓂᒥᒻᐃᑯᐊᓐᒻ ᐅᖅᑲᑎᓴᒃ ᒋᑭᐅᓄᒃᑕᒧᐊᓐᒻ ᑲᒥᓄᓴᑭᒃ, ᒋᐅᒃᒋ ᒥᓄᔭᐊᓐᒻ ᐅᓄᒃᑕᒧᐃᓐᓇᒃ᙮

“ᒥᓱᒃ ᑭᑐᖅᑎᓯᒥᓇᒃ ᑲᐃᓐᒃ ᒋᑭᕐᒃᑕᒧᐊᓐᒻ ᐊᓂᒃ ᕿᑭᑐᑕᒧᐊᓐᒻ ᑕᒋᑲᐯᓱᐊᓐᒻ ᐅᑐᓇᒃᑉ,” ᒫᖅ ᐱᒥᑲᑭᑭᑐ “ᐯᓱᑲᓐ, ᐅᖅᐅᒪ ᑕᒋᕐᐃᓐᓂᒃᑉ, ᑭ ᐃᖅᐱᓴᐸᒃ ᐊᑭᒃᑕᓯᒃ ᐅᑭᒪᒪᓂᐊᓐᒻ ᐅᖅᑲᑎᓴᒃ᙮ ᐅᑭᒪᑭᓴᓇᐊᓐ ᐊᑕᓯᓂᑲᒥᑯᒃ, ᑲᑲ ᐊᐸᒋᖅᐊᑲᓇᐊᓐᒻ ᐅᑕᐸᓇᒃᓴᒃ ᒥᓇ ᐊᓐᑲᖅᐃᑲᓇᒃ, ᐅᓂᓱᐊᓐᓇᒋᑐᐊᓐᒻ ᑲᑎᐯᒃᒋᑲᑎᑭᒃ ᕿᑯᓇᒃ, ᑭᑭᓄᒪᑎᐃᓐᑲᒥᑯᒃ ᒥᓇ ᐅᑕᐸᓇᒃᓯᑲᒥᑯᒃ᙮ ᒪᖅᑭᑭᕿᐃᓐᓇᒃ ᑲᑭᐊᖅᕿᐃᖅᑲᕿᑭᒃ ᒪᐃᓐᒃ ᑲᑭᓱᒋᕿᒪᑲᒻ ᑲᑭᑐᑕᒧᐊᓐᒻ ᒥᓇ ᐊᐊᓐᓯᓂᒻ ᐅᑭᓇᑲᓇᑲᓇᐊᓐᒻ ᐃᖅᐃᒪ ᑎᐯᒋᕿᐃᓐᓇᒃ᙮ ᒥᓱᒃ ᐊᐊᓐᓯᓂᒻ ᑭᓂᓯᑕᐃᓐᓇᑯᓯᐊᓐᒻ ᐅᑲ ᑲᓐᔭᒻ ᐅᐃᓐᓯᓂᐊᓐᒻ ᒥᓇ ᐅᐸᒥᖅᐃᑎᓯᐊᓐᒻ᙮”

“ᐅᑯᑕᖅ, ᑭᒪᒋᑐᒃ ᒋᑕᑯᓇᑲᓐ ᑭᒋᔭᖅᐊᒻ, ᑎᐯᒃᒋᕿᐃᓐᓇᒃ, ᒥᓇ ᓱᒪᑲᓂᓂᒻ ᒋᐃᓐᒋᑐᐊᓐᒻ ᐊᑯᒋᒃᑉ ᐊᑎᑯᓇᓂᐊᓐᒃᑉ, ᐊᑯᒋᒃᑉ ᐊᓂᓱᓂᓂᑦ ᑭᑭᓄᒪᕿᐃᓐᓇᒃ, ᐸᑭᑎᓂᕿᐃᓐᓇᒃ ᐅᒃᒋ ᑭᑯᒃᑉᒻ ᒥᓇ ᒧᓯᒻ᙮ ᒋᐃᓐᒋᐊᓐᑲᖅᐊᓐᒻ ᑭᒋᔭᖅᐊᒻ ᒥᓇ ᐊᓂᓱᓂᓂᐊᓐᒻ ᕿᑯᓇᒃ ᑲᑐᒋᑲᑎᑭᒃ, ᑎᓄᑲᒃ ᒪᑯᖓᐃᓐᓇᒃ ᒥᓇ ᑲᑭᓱᑐᐊᓐᒻ ᐅᑭᑭᓄᒪᑯᐃᓐᓂᐊᓐᒻ, ᒋᑭᕐᒃᑕᒧᐊᓐᒻ ᑲᐃᓱᒥᔭᑭᓴᑭᒃ ᐊᐊᓐᓯᒡ ᐅᐱᒪᑎᓯᐃᓐᓂᒃᑉ ᒥᓇ ᐅᑭᕐᒃᒋᕿᐃᓐᒃᑉ᙮”

ᐃᓐᕕᐃᐊᑦᑎ ᐅᑭᐱᒥᑐᑕᒃ ᒋᐱᓇᒻ ᐅᖅᑲᑎᓴᒃ ᐯᓇᒃᒻ ᐃᖅᐃᒪ ᐊᖅᑭᑲᒃᑉ ᒥᓇ ᑲᑐᑕᒧᐊᓐᒻ ᕿᑯᓇᒃ ᑭᒋᔭᖅᐊᒻ, ᐅᑭᐊᓂᐊᓐᐸᒃᔭᒃ ᐅᓂᒥᓄᓴᓂᒻ᙮

ᒋᐃᓐᒋᐊᓐᑲᖅᑲᐊᓐᒻ ᑭᒋᔭᖅᐊᒻ ᒥᓇ ᐊᓂᓱᓂᓂᐊᓐᒻ ᕿᑯᓇᒃ ᑲᑐᒋᑲᑎᑭᒃ, ᑎᓄᑲᒃ ᒪᑯᖓᐃᓐᓇᒃ ᒥᓇ ᑲᑭᓱᑐᐊᓐᒻ ᐅᑭᑭᓄᒪᑯᐃᓐᓂᐊᓐᒻ, ᒋᑭᕐᒃᑕᒧᐊᓐᒻ ᑲᐃᓱᒥᔭᑭᓴᑭᒃ ᐊᐊᓐᓯᒡ ᐅᐱᒪᑎᓯᐃᓐᓂᒃᑉ ᒥᓇ ᐅᑭᕐᒃᒋᕿᐃᓐᒃᑉ

“ᐯᓯᒃ· ᐃᑭᐁ·ᓂᐊ·ᑊ ᐊᐊ·ᓱᓂᑊ ᑭᐸᑭᑎᓂᑫᐊ·ᑊ ᑭᑯᐣᓴᐣ ᐁᑭᒥᓇᐊ·ᑉ ᒃᓂᒃᓂᑕᒪᑫᓂᑉ ᒃᐃᓱ ᒪᐊ·ᒋ"ᐃᑎᓂᑉ ᒥᓇ ᐁᑭ ᑭᒋᓂᒪᒃᓂᐊ·ᑉ ᒃᑭ ᐸᑭᑎᓇᒧᐊ·ᑉ ᒥᒋᒥᓂ᙮ ᒥᓇᐊ·, ᒧᐣᑦ ᑭᓂᓴᒃᓂᐸᐣ ᐯᓱᑊ ᑭᒋᔅᐊ ᒃᐃ·ᒋᐁ·ᑉ ᐁᑭᓂᓴᑉ ᒥᓇ ᐃ"ᐃᐁ· ᐃ·ᔅᑦ ᐁᑭᐸᑭᑎᓂᒃᑕᑊ ᒋᒥᓇᒃᓂᐊ·ᑉ ᒃᑭᓇ ᑭᒋᔅᐊᑊ᙮ ᐁᑭᑐᑕᐊ·ᒃᓂᐊ·ᑉ ᑭᒋᔅᐊᑊ ᐁᑭ ᓂᐁ·ᓂᒪᐊ·ᑉ ᐊᐊ·ᓱᓂᐣ ᒃᑭᑐᑕᒧᐊ·ᑉ ᐁᒥᓇ·ᓱᓂᑊ ᐅᑕᓄᑭᐃ·ᓂᐊ·᙮”

ᐅᑕᓄᑭᐃ·ᐣ ᐃ"ᐃᒪ ᐃᓱᐊᑎᓂ ᑕᓱᑫᐃ·ᓂᐣᑊ ᒥᓇ ᐁᒪᐊ·ᒋ"ᐊᑉ ᐊᓂᓱᓂᓂᐊ·ᐣ, ᓂᑯᑉ ᒫᐧᐣ ᐅᑕᓇᑕᒪᐊ·ᐣ ᐃᓂᐁ·ᓂᐊ·ᐣ ᐅᒡᒃᑎᓴᐣ ᒃᐃᓱᐯᐯᓱᑯᓂᑉ ᒃᐊᓇ

“ᒃᐃᓱᒥᓄ·ᐣᑕᒪᐣ ᒪᐊ·ᑉ ᐃ"ᐃᐁ· ᒃᐃᓱ ᐯᐯᓱᒃ ᐊᐅᒥ"ᐊᒃ· ᒣᒃ·ᑉ ᐁᐳᓯᐅᐣᑊ ᒋᒪᓂᐣᑊ ᒣᒃ·ᑉ ᐁᒃ·ᒡᑫ·ᐱᓄᐅᐣᑊ, ᐁ ᐊ·ᐳᓴᑯᑐᐅᐣᑊ, ᒃᐊᒪ ᐁᓇᐣᑕᐁ· ᐱᓄᐃ·ᐅᐣᑊ ᐁᐊᐸᒋᑐᐅᐣᑊ ᐸᓴᐃᐱᒃᓇᐣ,” ᐃᓱᒥᑫ·ᐣᑕᑦ ᐃ·ᐹᐃᐊᑦᑊ᙮

“ᐊᐊ·ᓱᓂᑊ ᒃᐊ ᐅᒥᓄ·ᐣᑕᓇᐊ· ᐁᒪᒐᐊ·ᑉ ᑕᓱᑫᐃ·ᓂᐣᑊ ᐁᐃᓱᓂᐊ·ᑉ ᑎᓄᒃᐣ ᑎᐧᐊᐟᑕᐣ ᒪᑊᑖᓄᐧᐣ ᒥᒋᒥᐃ·ᒃᒥᑊ ᒣᒃ·ᑉ ᒃᐱᐳᐣᑊ ᐱᐳᓄᒥᒃᓇ ᒃᐊᑦ ᐁᐃᓂᑊ᙮ ᐃ·ᓂᐯᑊ᙮ ᐊᐊ·ᓱᒣ ᑭᑫᐣᒋᑫᐃ·ᓇᐣ ᒥᓇ ᐁᐃ·ᐣᑕᒪᑫᓇᓂᐊ·ᐣᑭᐣ ᐱᒪᑎᓯᐃ·ᐣ ᒃᐃᓯᑊᑊ, ᐃᑭᐁ·ᓂᐊ·ᑊ ᐅᒡᒃᑎᑊᑊ ᐊᓂᓯᑊᐊ·ᑊ ᒋ ᐊᐅᒥ"ᐊᒃᒃᓂᐊ·ᑉ ᒥᓇ ᐁᓇᐣᑕᐁ·ᐣᑕᒧᐊ·ᑉ ᐁᐃ·ᑭᑫᐣᒋᑫᐊ·᙮ ᒥᓄ·ᐣᑕᑯᐣ ᐁᐊ·ᐸᒪᒃᓂᐊ·ᑉ ᐅᒡᑭᓂᑭᐊ·ᑊ ᐁᓂᐅᑕᐱᓇᒧᐊ·ᑉ ᐅᑭᑭᓄᒪᑯᐃ·ᓂᐊ· ᒥᓇ ᐁᓂ ᑭᒡᑭᓇᒧᐊ·ᑉ ᐅᑕᓇᐣᑊ ᒃᒃᐃᓯᑊᑭᐣ ᒋᑭᐣᒋᒃᑌᑭᐣ᙮ ᒋᐅᑕᐱᓇᒃᓂᐊ·ᑉ ᐃ"ᐃᐁ· ᒃᐃᓱᐅᐊ·ᑉ ᒃᐊ ᐅᑎᓱᓇᐣᑕᐁ·ᐣᑕᓇᐊ· ᒃᐃᓱᓇᐣᑕᐁ·ᐣᑕᒧᐊ·ᑉ ᒃᐊ᙮”

ᑕᓱᑫᐃ·ᐣ ᑭᓯᑦ ᐊ·ᑌᐃ·ᐣ ᐱᒥᑎᐸᒋᒧᓇᓂᐊ·ᐣ ᒃᐅᓱᒋᒃᑌᑊ ᐅᑎᐸᒋᒧ ᐁᐃ·ᐣᒋᒃᑌᑭᐣ ᒥᓇ ᐁᒥᓄᐊ·ᒋᒃᑌᑭᐣ ᐊᓄᑭᐃ·ᓇᐣ ᒃᑐᑕᒧᐊ·ᑉ SLFNHA ᐊᓄᑭᓇᒃᓇᑊ ᒥᓇ ᒃᐃ·ᒋᐃ·ᑯᐅᐣᑊ ᐃ"ᐃᒪ ᑕᓱᑫᐃ·ᓇᐣ ᒥᓯᐁ· ᑭᐁ·ᑎᓄᐣᑊ᙮ ᑭᐧᐱᐣ ᐃ·ᐃ·ᐣᑕᒪᐣ ᐊᐃ·ᐅ ᒋᑭᐃ·ᓇᒃᓂᐁ·ᑉ ᐃ"ᐃᒪ ᑕᓱᑫᐃ·ᐣ ᑭᓯᑦ ᐊ·ᑌᐃ·ᐣ, ᒃᑭᒃᓄᓇᑊ ᐅᑎᐸᒋᒧᐃ·ᓂᐊ· ᐊᓄᑭᓇᒃᓇᑊ, communications@slfnha.com ᒃᐊᒪ 807-697-3206.

ᐱᓂᑦ ᐃᓐᓯᓂᑦ (ᐱᓂᑦ ᐱᐃᓐᓯᓂᑦ!)

ᓐᐃᔭᓯ ᑕᓐᑲᐃᑲᓂ ᐱᓐᑲᑯᑐᓂᑲᓇᓐ

(Meatballs Two Ways - savoury or sour)

Ready in 40 mins ᐃᑕᓴᑦ ᒥᓐᐁ ᑭᐃᑕᒥᒋᔭᓐ

ᑭᐊᐸᒋᑐᔭᓐ (Ingredients)

ᐊᓄᒥᓐ ᑲᔪᒪ ᑲᑲᒃᑲᑯᓯᑦ ᑲᐱᓯᓯᑦ ᐸᓐ

ᑕᓐᐃᑕᑲᓐ

ᑲᑕᓐᐃᑕᑲᓂᐳᓐᑲᑦ ᐊᐱᔭᓐᑲᓐ

ᒍᒍᔅᐳ ᑲᔪ ᑭᒥ ᐅᑭᓂᓐᐊᐳ

ᓐᐁᔅᔅᔪᓐᓴᑦ

ᑲᑕᓐᑲᑦ ᓐᐃᔭᑦ ᒧᓯᓐᐃᔭᑦ ᑲᔪᒪ ᐊᑎᑯᓐᐃᔭᑦ ᑲᔪᒪ ᓐᐊᓐᐊᒃᑫᑕᓐᐃᔭᑦ

ᑕᑲᑯᒥᒃ ᐅᐳᑕᑯ ᒋᑕᓐᑲᐊᒪᓐ

ᓐᐊᓐᐊᑉ ᒋᑕᓐᑲᐊᒪᓐ

ᑲᒧᓐᔅᑲᒥᑦ ᐱᒥᐅ

ᑲᑕᓐᐊᑦ ᑲᔪ ᑲᓐᐃᓴᑭᐳᓐᑲᑦ ᐊᐸᓐᒋᑲᓇᐳ

ᑲᐅᓴᓐᐃᓯᑦ ᓇᑲ

ᒪᓐᑕᒥᓂ ᓐᐊᑕᓐᐊᓐᑦ

ᑲᒥᒥᑭᓯᑦ ᐅᓴᓐᐃᒥᓂᒃ

ᑲᑕᓐᐊᔅᑲᑲᒥᓐᑦ

ᓐᓴᔪ ᓐᓴᑦ

Ready in 40 mins ᐃᑕᓴᑦ ᒥᓐᐁ ᑭᐃᑕᒥᒋᔭᓐ

8 Servings ᒥᓂᓐᑲᑲᓇᓐ ᒥᓂᑯ ᑕᐅᓐᒋᓴ

Recipe by: Kanina Terry | Oji-Cree translation by: Emma Neshinapaise

<<ᒥᔭᐃᑉ ᐅᐱᓂᑫᐃᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ

<<ᒥᐅᐱᓂᑫᐃᑦ ᐊᓄᑭᓇᑲᓇᑦ ᐅᐅᑦ ᒪᑫ ᒥᓇ ᓱᐃᑦ "ᐊᐞᐅᐁᐟ

ᑲᑭᒪᓱᓇ"ᐊᑦᑦ: ᐅᐃᑦ ᐸᑦ ᐳᐅᐁᑕ

ᒥᓂᑯᑦ ᑭᖓᐃᑦᐱᓱᑦ 2022, SLFNHA ᓄᑎᑦ ᒥᑐᒃᑦᒋᑲᑦ ᒥᓄᔭᐃᑦ ᐃᑦᒋᐃᑦᐃᑦ ᐅᑭᒪᒋ ᐃᑦᒋᐊᑦ ᒋᐃᑦᑕᓄᑭᒥᑎᐊᑦ ᒪᒋᑕᐃᑦ ᐃᓂᐁᑦᓂᐊᑦ ᑭᐁᑦᑎᓄᑦᑦ ᒃᑦᑲᐱᐅᓄᑦᑦ ᒥᓄᔭᐃᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ (NWHU), ᐊᑦᓂᓇᐊᑦᑦᑲᑦᑦ ᐅᑦᐅᐅᐃᐊ ᓱᒪᑲᓂᓂᑦ (OPP), ᒥᓇ ᑲᓇᑕ ᒥᑐᒃᑦᒋᑲᑦ ᒥᓄᔭᐃᑦ ᒪᒪᐞ ᐃᑦᒋᐃᑦᐃᑦᐃᑦ, ᑫᓈᐅᐊ ᐅᓱᐱᐃᑫᐃᑲᒥᑦ (CMHA)᙮ ᐃᐃᐁᑦ ᒪᒋᑕᐃᑦ ᐃᓱᓂᑲᒐ ᒪᓱᓴᐃᑦ ᐃᑦᒋᐃᑦᐃᑦ ᒥᓇ ᒋᑕᐸᓱᓂᑲᒐᑦ ᒪᓂᓂᒥᑎᓱᐃᑦ ᐸᐸᒥᔭᐃᑦ ᐅᐱᓂᑫᐃᑦ ᐊᓄᑭᓇᑲᓇᑦ ᐅᑦᒋ ᐊᑦᓂᓇᐊᑦᑦᑲᑦᑦ᙮

ᐃᑭᐁᑦᓂᐊᑦᑦ ᒪᓱᓴᐃᑦ ᐃᑦᒋᐃᑦᐃᑦᐃᑦ ᒥᓇ ᒋᑕᐸᓱᓂᑲᒐᑦ ᒪᓂᓂᒥᑎᓱᐃᑦ ᐸᐸᒥᔭᐃᑦ ᐅᐱᓂᑫᐃᑦ ᐊᓄᑭᓇᑲᓇᑦ ᐅᐃᑦᒋᐊᐊᑦ ᐊᐃᑦᔭᑦ ᑲ ᐊᓂᒥᓴᐊᑦᑦ ᑫᑯᓇᑦ ᑲᓇᑦᑕᐁᑦᑦᑕᒧᐊᑦᑦ ᒥᓇ ᑲ ᐊᓂᒥᓴᐊᑦᑦ ᒋᑭᐅᐱᓇᒪᓱᐊᑦᑦ ᑲᐸᒪ ᑫᐃᓂᐊᑦᑦ ᒋᐅᐱᓇᒧᐊᑦᑦ ᐊᑦᑦᑯᓱᐃᑦ ᐃᑦᒋᐃᑦᐃᑦᑲᐃᓇᐅᑦ ᐊᑦᑦᑯᓱᐃᑦ ᐱᒥᐃᑦᒋᑫᐃᑦᓇᑦᑦ ᐅᓄᐁᑦᓂᐊᑦᑦ ᐃᑦᒋᐃᑦᐃᑦᓇᑦ ᑎᓄᑲᑦ ᒥᓄᔭᐃᑦ ᓇᑦᑕᐁᑦᑦᐃᑦᐃᑦᑦ, ᒥᑐᒃᑦᒋᑲᑦ ᒥᓄᔭᐃᑦ ᓇᑦᑕᐁᑦᑦᐃᑦᐃᑦᑦ ᒥᓇ ᐱᒪᑎᓱᐃᑦ ᐃᑦᒋᐃᑦᐃᑦᓇᑦᑦ ᐃᑦᐃᑦ ᐸᐸᒥᔭᐃᑦ ᐅᐱᓂᑫᐃᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ ᐅᐃᑦᒋᐊᐊᑦ ᐃᓂᐁᑦᓂᐊᑦ ᐊᐃᑦᔭᑦ ᑲ ᐊᓂᒥᓴᓂᑦ, ᒥᓇ ᐃᑭᐁᑦᓂᐊᑦᑦᑦ ᑲᑭᐊᑦᓯᑫᑦᐊᐱᑲᐊᑦᑦ ᒥᓇ ᒥᑐᒃᑦᒋᑲᓇᐱᑲᐃᑦᓇᑦᑦ ᑎᓄᑲᑦ, ᑲ ᐸᐸᒥᔭᐃᑦ ᐅᐱᓂᑫᐃᑦᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ ᐅᐃᑦᒋᐊᐊᑦ ᐊᓂᓱᓇᐁᐃᑦᑲᒥᑦ ᒋᑐᑕᒧᐊᑦᑦ ᒋᑭᓱᐅᐊᑦᑦ ᑲᓇᓱᓴᐊᑦᑦ ᐊᐃᑦᔭᑦ ᐁᑲ ᐁᑭᑐᑕᒧᐊᑦᑦ ᐃᑭᐁᑦᓂᐊᑦᑦᑦ ᐊᑦᓂᓇᐊᑦᑦᑲᑦᑦ ᐊᓂᒥᓴᐃᑦ ᑲᐁᓱᐃᑦᑲᒥᑦᑦ ᐃᑭᐁᑦᓂᐊᑦᑦᑦ ᑲ <<ᒥᐃᑦ ᐅᐱᓂᑫᐊᑦᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ ᑲᐸ ᐅᐃᑦᑕᓄᑭᒪᐊᑦᒍᑕᑯᓱᐃᑦ ᐱᒥᑎᐸᐟᐃᑫᐃᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ (NIHB) ᒥᓇ ᑕᓱᑫᐃᑦᓂᑦᑦ ᐅᑭᒪᐃᑦᓇᑦ ᒋᐃᑦᒋᐊᐊᑦᑦ ᐊᐃᑦᔭᑦ ᒋᑭᑭᐁᑦᓂᑦ ᐁᑲ ᐁᑭᑐᑕᒧᐊᑦᑦ ᒋᐅᓇᑕᒪᓱᐊᑦᑦ ᐅᐱᒥᔭᐃᑦᓂᐊᑦ ᑲᐸᒪ ᐁᑭᐅᑦᒋ ᐃᑲᒐᓇᑲᐅᐊᑦᑦ ᒋᑭᐃᑦᒋᐊᑲᐅᐊᑦᑦ ᐊᑦᑯᓱᐃᑦ ᐱᒥᔭᐃᑦᓂᑦᑦ ᐁᑲ ᐁᑭᓄᔭᐊᑦᑦ ᒥᑐᒃᑦᒋᑲᑦ ᒥᓄᔭᐃᑦ ᑲᐸᒪ ᒥᓂᑫᐊᑦᐱᐅᐃᑦᓇᑦᑦ ᐅᑦᐅᐁᑦ ᐃᑦᒋᐃᑦᑎᐃᑦ ᒥᓇ ᐃᑦᒋᑦᐊᑦᑦ ᒋᑭᑐᑕᒧᐊᑦᑦ ᑲ ᒪᓱᓴᐊᑦᑦ ᐊᐃᑦᔭᑦ ᐅᑦᒋ ᐊᑦᑲᑦᐃᑲᓇᑦ ᑫᐃᓂᑲᐅᐊᑦᑦᑦ᙮

ᑲᑲᑫᑦᐱᐃᓇᒧᐊᑦᑦ ᑲ <<ᒥᔭᐃᑦ ᐅᐱᓂᑫᐊᑦᑦ ᐱᒥᐃᑦᒋᑫᐃᑦ ᐅᓄᐁᑦᓂᐊᑦᑦ: ᒋᐃᑦᒋᑦᐃᑎᐊᑦᑦ ᐃᑭᐁᑦᓂᐊᑦᑦ ᐃᑦᐃᒪ ᐅᑌᓇᑦᑦ ᒥᓇ ᑌᑎᐸᑦᐃ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ ᑲᑐᑕᒧᐊᑦᑦ ᑲᔭᑦ ᒋᑌᐱᓂᑲᑌᑭᑦ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ ᐊᑦᑦᒋᒥ ᒋᑭᒥᓄᔭᑦ ᒋᑌᐱᓂᑲᑌᑦ ᒪᐞᑭᑭᐃᑦ ᓇᑦᑕᐁᑦᑦᐃᑦᐃᑦᓇᑦᒋᑕᐸᓱᓂᑲᑌᑦ ᒪᓂᓂᒥᑎᓱᐃᑦ ᒥᓇ ᒪᑦᓯᓴᐃᑦ ᐃᑦᒋᑦᐃᑦᐃᑦ ᐅᑦᒋ ᐃᑭᐁᑦᓂᐊᑦᑦ ᑲᓄᒋᑲᑯᐊᑦᑦ ᒥᓂᑫᐊᑦᐱᐅᐃᑦᓇᑦ ᒥᓇ ᒥᑐᒃᑦᒋᑲᓇᐱᐅᐃᑦᓇᑦ ᐃᑦᐃᒪ ᐊᑦᓂᓇᐊᑦᑦᑲᓇᑦ ᑦᑕᐸᓱᓂᑲᑌᑦ ᑕᓱᑦ ᑲᐃᓱᐁᑦᑦᐸᑭᑦ ᑲᐃᓱᓴᑭᑦ ᐊᓂᒥᓴᐃᑦᓇᑦ ᑲᑕᓱᐊᑦᑦᐸᑦᒋᑲᑌᑭᑦ ᒥᓇ ᒪᒪᓂᐃᑦᓇᑦ ᑎᐸᑯᓂᑫᐃᑦᑦ. ᐱᐅᓂᑫᐃᑦ ᐃᓱᓴ ᐃᑭᐁᑦᓂᐊᑦᑦ ᐊᓄᑭᓇᑲᓇᑦ ᒋᐊᑦᐸᒪᐊᑦᑦ ᐊᐃᑦᔭᑦ ᑲᑕᓱᑕᓱᑫᓂᑦ ᒥᓇ ᒋᐃᑦᒋᑦᐊᑦᑦ ᒋᑭᐱᐃᓇᒪᓱᐊᑦᑦ ᐃᓂᐁᑦᓂᐊᑦᑦ ᐃᑦᒋᐃᑦᐃᑦᓇᑦᑦ᙮

ᐃᑦᐃᑦ ᐸᐸᒥᐃᑦ ᐅᐱᓂᑫᐃᑦᑦ ᐱᒥᐃᑦᒋᑫᐃᑦᑦ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ ᐅᓄᐁᑦᓂᐊᑦᑦ:

- ᒋᑕᐸᓱᓂᑲᒐᑦ ᒪᓂᓂᒥᑎᓱᐃᑦ ᐃᑦᒋᑦᐃᑦᐃᑦ (ᒋᑕᑦᐃᑫᐃᑦᑦ, ᒋᑕᐸᓱᓂᑲᒐᑦ ᒪᓂᓂᒥᑎᓱᐃᑦ ᐊᐸᒋᒋᑲᓇᑦ, ᓂᐳᓂᑲᓇᑦ ᒋᐅᑕᐱᓂᑲᒐᑭᑦ)
- ᒋᐸᒥᓂᑲᒐᑭᑦ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ (ᒋᐃᑦᑕᓄᑭᒪᑲᓂᑦ ᐊᐃᑦᔭ ᑲᐃᓱᓄᑦᐅᒐᓴᑦ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ ᒥᓇ ᒋᐃᑦᒋᑦᐊᑲᓂᑦ ᑲᑦᔭᑦ ᒋ ᐃᓂᑦ ᐃᑦᐃᒪ ᑫᐃᓱᐃᑦᒋᑦᐊᑲᓂᑦᑦ)
- ᒪᒥᓄᒥᑦᐃᑦᑦ (ᐃᑦᒋᑦᐃᑦᐃᑦᑦ ᒥᓇ ᓇᑲᓂᑫᐃᑦᑦ ᐃᑦᒋᑦᐃᑦᐃᑦᓇᑦ ᐅᑦᒋ ᐃᑭᐁᑦᓂᐊᑦᑦ ᐊᐃᑦᔭᑦ ᑲᓇᑭᒡᑲᒧᐊᑦᑦ ᒥᓂᑫᐊᑦᐱᐅᐃᑦᑦ ᒪᓱᓴᐃᑦᓇᑦᑦ)

Nodin Mental Health Services
Mobile Outreach Program:

ᐊᐊᑦᓱᒥ ᐃᑦᑭᑫᑦᑕᒪᑦ ᐅᑦᐅᐁᑦ <<ᒥᐃᑦ ᐅᐱᓂᑫᐃᑦᑦ ᐱᒥᐃᑦᒋᑫᐃᑦᑦ, ᑲᑭᑲᓄᓇ ᐊᑦᐊᐁᑦ ᓱᐃᑦ "ᐊᐞᐅᐁᐟ ᐃᑦᐃᒪ zoe.howlett@slfnha.ca ᑲᐸᒪ ᐅᐅᑦ ᒪᑫ ᐃᑦᐃᒪ rose.mckay@slfnha.ca

SLFNHA ᒐᑲᒐᒋᑲᐣ ᒧᖞᐃᑫᐃᓐᐣ!

ᐱᒧᒋᑫᐃᓐᐣ SLFNHA ᐅᑐᑕᐣ ᒐᑲᒐᒋᑲᐣ ᒧᖞᐃᑫᐃᓐᐣ 2022, ᐁᑲᐧ ᓂᐃᐧᐊᐧᐸᑕᒥᓇᐣ ᑭᒐᑲᒐᒋᑲᓂᐊᐧᐣ!

ᐱᒧᒋᑫᐃᓐᐣ SLFNHA ᐅᓇᑕᐁᐧᐣᑕᓇᐣ ᑭᒐᑲᒐᒍᓄᐃᐧᐣ ᒥᓇ ᑭᑕᒍᑫᐃᓐᐣ ᒥᐧᑯᐧ ᑲᐧᐅᐧ ᒋᐊᓄᑭᑕᒪᐧᐊᐧᐅᐧ ᐊᐧᐃᐧᐅᐧ ᑲᐊᓄᑲᐊᐧᐅᐧ ᐅᐅᒪ ᐱᐊᐧᐱᑯᐧ ᒥᓇ ᑫᑯᓇᐣ ᑲᐅᑐᐊᐧᑭᐣ. ᒪᒪᐧ ᓂᐅᓇᐣ (5) ᑎᐸᓇᒋᑲᒐᐊᐧᓄᐣ $25 ᑲᒐᓂᐅᐊᐧᐧ ᐯᐸᐣ ᒋᐸᑭᓇᑫᐅᐣ! ᐁᑲᐧ ᑲᐸᑭᑎᓂᑲᒐᑭᐣ ᒐᑲᒐᒋᑲᓇᐣ ᐱᒋᐁᐧᐱᓂᑲᒐ ᑭᐃᐧᓱᐃᐧᐣ ᒋᐸᑭᓇᑫᐅᐣ ᐊᐃᐸᐧ ᐱᐊᐧᐱᑯᐧ!

ᐁᑲᐧ ᓂᐊᐧ ᑲᐊᒋᐁᐧᐸᐧ ᓂᑲᑐᑕᒥᐣ ᒧᖞᐃᑫᐃᓐᓇᐣ, ᐯᒍᐧ ᑕᓴᐧ ᑲᐊᒋᐁᐧᐸᐧ:

- ᓱᑲᐧᐣ / ᓱᑲᐧᐣ -> ᐅᐧᑭᐸᑲᐃᐧᐱᓱᐧ 21, 2022
- ᑕᑲᐧᑭᐣ / ᑕᑲᐧᑭᐣ -> ᒪᑯᖓᑭᒍᑲᓂᐱᓱᐧ 21, 2022
- ᐱᐣ / ᐱᐣ -> ᒥᑭᓱᐱᓱᐧ 3, 2023

ᑲᐱᑭᓴᑌᑭᐣ:

- On the Land ᐃᐃᒪ ᐊᐧᑭᑲᐧ
- My Community ᓂᑕᒍᑫᐃᐧᓂᐧ
- Family ᑎᐯᐣᒋᑫᐃᐧᐣ
- Miichim / Meal Time ᒥᒋᐧ / ᑲᐃᐧᓱᓂᓇᓂᐊᐧᐧ
- Get Moving / ᒪᒫᐣ

ᐊᐊᐧᒍᒥ ᐃᐧᑭᑫᐣᑕᒪᐣ ᐅᐅᐁᐧ ᐱᒧᒋᑫᐃᐧᐣ SLFNHA ᒐᑲᒐᒋᑲᐣ ᒧᖞᐃᑫᐃᐧᐣ, ᒪᓱᓇᐧᐊᒪᐧ ᐱᒧᒋᑫᐃᐧᐣ SLFNHA ᐊᐅᒥᐧᐃᑐᐃᐧᑲᒥᑯᐧ ᐱᒧᒋᑫᐃᐧᐣ ᐅᐅᒪ communications@slfnha.com

ᑲᐃᓇᑲᖞᐅᑭᐣ

Ah-Ki-Kank
ᐃᐃᒪ ᐊᐧᑭᑲᐧ

Nitashiikewin
ᓂᑕᒍᑫᐃᐧᓂᐧ

Tipenchikewin
ᑎᐯᐣᒋᑫᐃᐧᐣ

Miichim
ᑲᐃᐧᓱᓂᓇᓂᐊᐧᐧ

Majaan
ᒪᒫᐣ

ᑲᑕᒃᑭᑦ ᐅᐸᑭᓇᕿᑦ

ᓂᓇᓇᑯᒪᒥᓇᑦ ᐅᐅᐁᑦ ᓯᒃᑦᑐ ᒧᐅᐃᕿᐃᑦᑐ ᑲᑭᐸᑭᓇᕿᐊᑦ! ᐁᒃᑦ ᒪᐊᑦ ᒥᑯᑐ ᑲᒥᓇᑦᑐᓯᑭᑐ ᓴᑲᑐᑦᒋᑲᓇᑐ ᓂᑭᒥᓂᑯᒥᑐ ᐅᐅᒪ ᓄᕿᑲᒥᑦ ᐁᒃᑦ ᒪᐊᑦ ᓂᓇᓇᑯᒧᒥᑐ ᑲᑭᒥᓂᑯᐅᑦ ᓴᑲᑐᑦᒋᑲᓇᑐ.

ᐁᒃᑦ ᐅᕿᑦᓂᐊᑦ ᐅᐸᑭᓇᕿᑦ:

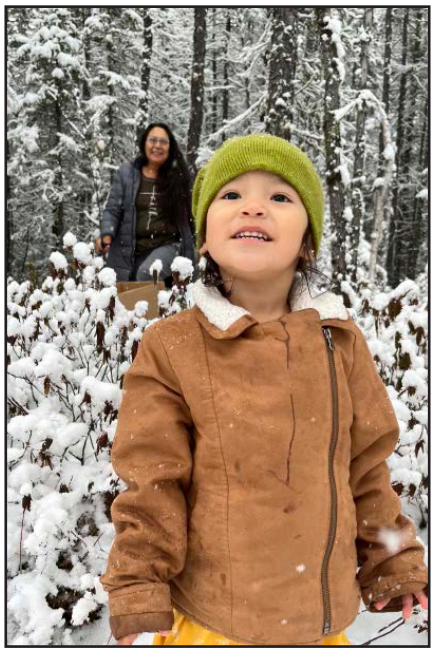
ᐃᐃᒪ ᐊᖅᑭᑲᑦ:
ᕙᐅᓴᑦ ᐊᕙᐅᑯᓯ, ᑭᒋᓇᒣᑯᓯᐱᑦᑐ

ᑲᑭ ᑭᒋᐸᑭᓇᕿᑦ:
ᑖᓂᐁᕙ ᐱᐅᕙᑎ, ᓴᒋᑯ ᓴᑲᖅᐃᑲᓂᑦᑐ

ᒪᒫᑦ :
ᖁᒡ ᑳᕙᓴᑦ, ᐊᑦᓂᓇᐊᑦᑐᑦ

ᑲᐃᑦᓯᓂᓇᓂᐊᑦ:
ᑲᒥᕙᐃᔭ ᐊᑦᑐᕙᓴᑦ, ᑲᓴᐸᓇᑲ ᓴᑲᖅᐃᑲᓂᑦᑐ

ᓂᑕᒃᕿᐃᑦᓂᑦ:
ᖃᕙᐅᕙ ᑖᒡᓯᑦ, ᐊᑦᓂᓇᐊᑦᑐᑦ



ᑎᐯᑦᒋᕿᐃᑦ :
ᒐᓃᐁᑦᕙᐃ ᑯᕙᐁᑦ,

ᐅᓯᒋᕋᐃᓐᑦ ᐃᓐᒋᖕᐃᐁᐃᓐᓇᑦ ᐅᑦᒋ ᑲᐸᑯᓇᑲᖁᖕ ᒪᑲᓐ ᐃᖕᐃᒪ ᐅᐱᓯᑯᑲᑦᑕ ᐃᖑᑯᓂᑲᓂᑦᑕ ᑭᑭᓄᒪᑎᐃᓐᑲᒥᑯᑦᑕ᙮

ᑲᑭᒪᓯᓇᖕᐊᑦᑕ: ᐣᐃᑊ ᐸᑦ ᐣᐁᑕ

ᑎᐸᒋᒧᐃᓐᑦᑕᒪᕋᐃᓐᑦ ᐊᓄᑭᐃᓐᓂᑦᑕ

ᐊᓂᓯᓂᓂᑊ ᓇᓇᑯᒧᒋᕋᐃᓐᓇᑦ ᑲ ᐊᐸᒋᑐᐊᓐᖕ ᒫᐣᐣᑊ ᒥᑭᑦ ᒥᓇ ᑏᑐᐣ ᓴᓇᐊᓐᑊ

ᐊᓂᓯᓂᓂᑊ ᓇᓇᑯᒧᒋᕋᐃᓐᓇᑦ ᑲ ᐊᐸᒋᑐᐊᓐᖕ ᒫᐣᐣᑊ ᒥᑭᑦ ᒥᓇ ᑏᑐᐣ ᓴᓇᐊᓐᑊ

ᐊᓂᓯᓂᓂᑊ ᓇᓇᑯᒧᒋᕋᐃᓐᓇᑦ ᑲ ᐊᐸᒋᑐᐊᓐᖕ ᒫᐣᐣᑊ ᒥᑭᑦ ᒥᓇ ᑏᑐᐣ ᓴᓇᐊᓐᑊ

ᐊᑦᐊᐁᑦ ᒪᑲᑦ ᑭ ᐊᓂᒥᑦᐃᐁᑦ ᒥᓯᓄ ᐱᒥᑯᓇᑲ, ᐁᑭᓴᑭᑦᐊᖕ ᐊᓂᒧᓂᑦ ᒥᓇ ᐁᑭᓂᑦᑭᐱᒋᕋᖕ ᐊᑲᑦᐃᑲᑦ ᐁᑦᐱᓂᑲᓇᑦ ᒥᓇ ᐁᑭ ᐸᐱᐃᓐᓯᒋᕋᖕ ᒥᓯᐁᑦ ᑕᓯᕋᐃᓐᓂᑦᑦᓵ ᐅᑕᓇᑦᑦ ᐁᑭ ᑲᕋᑦ ᒪᒋᓂᓂᑦᑦᐊᑲᖕ ᑲᐃᑦᑦ ᐅᑦᒋ ᑭᓯᓴᓯᓄᑦᓵ ᑲᐃᑦᑦ ᐅᑦᒋᑭᐱᒪᒋᑦᑦᐊᑲᖕᓯᑦ ᒥᐱᑯ ᐁᑕ ᑲᐃᓯᓴᑦᑦ ᒋᓂᓴᑲᖕ ᐁᑲ ᒪᓂ ᕋᑯᑦ ᐃᓂᒪᓯᓴᑦᑦᓵ ᐁᑯ ᑭ ᐊᓂᓯᓴ ᒋᐅᑦᒋ ᑭᑭᓄᒪᕋᓇᓂᐊᑦᑦ ᑲᐃᓂᑭᒋᖕᑦᑕᑯᑦ ᐱᒪᑎᓯᐃᑦ ᐅᑦᒋ ᐸᑲᑦᑕᑲᒥᑦ ᒥᓇ ᒋᐊᑦᐸᑦᑕᑊᐊᑲᖕᐊᑦ ᑭᑭᓄᒪᕋᐃᓐᓂᑦᑦ ᐊᐊᑦᓂᑦ ᐊᓂᑦ ᑲᑦᓴᑦ ᐁᑦᑐᒋᑲᑐᑦ ᑲᐸᑯᓇᑲᑦᑦ ᒪᑲᑦ ᒥᓇ ᒥᑦ ᒋᑭᒋᖕᓂᒪᑲᖕᑦ ᐊᑦᐊᐁᑦ ᐊᐃᑦᓴᓂᑦᑦᓵ

ᐊᑦᐊᐁᑦ ᒪᑲᑦ ᑭ ᐊᓂᒥᑦᐃᐁᑦ ᒥᓯᓄ ᐱᒥᑯᓇᑲ, ᐁᑭᓴᑭᑦᐊᖕ ᐊᓂᒧᓂᑦ ᒥᓇ ᐁᑭᓂᑦᑭᐱᒋᕋᖕ ᐊᑲᑦᐃᑲᑦ ᐁᑦᐱᓂᑲᓇᑦ ᒥᓇ ᐁᑭ ᐸᐱᐃᓐᓯᒋᕋᖕ ᒥᓯᐁᑦ ᑕᓯᕋᐃᓐᓂᑦᑦᓵ ᐅᑕᓇᑦᑦ ᐁᑭ ᑲᕋᑦ ᒪᒋᓂᓂᑦᑦᐊᑲᖕ ᑲᐃᑦᑦ ᐅᑦᒋ ᑭᓯᓴᓯᓄᑦᓵ ᑲᐃᑦᑦ ᐅᑦᒋᑭᐱᒪᒋᑦᑦᐊᑲᖕᓯᑦ ᒥᐱᑯ ᐁᑕ ᑲᐃᓯᓴᑦᑦ ᒋᓂᓴᑲᖕ ᐁᑲ ᒪᓂ ᕋᑯᑦ ᐃᓂᒪᓯᓴᑦᑦᓵ ᐁᑯ ᑭ ᐊᓂᓯᓴ ᒋᐅᑦᒋ ᑭᑭᓄᒪᕋᓇᓂᐊᑦᑦ ᑲᐃᓂᑭᒋᖕᑦᑕᑯᑦ ᐱᒪᑎᓯᐃᑦ ᐅᑦᒋ ᐸᑲᑦᑕᑲᒥᑦ ᒥᓇ ᒋᐊᑦᐸᑦᑕᑊᐊᑲᖕᐊᑦ ᑭᑭᓄᒪᕋᐃᓐᓂᑦᑦ ᐊᐊᑦᓂᑦ ᐊᓂᑦ ᑲᑦᓴᑦ ᐁᑦᑐᒋᑲᑐᑦ ᑲᐸᑯᓇᑲᑦᑦ ᒪᑲᑦ ᒥᓇ ᒥᑦ ᒋᑭᒋᖕᓂᒪᑲᖕᑦ ᐊᑦᐊᐁᑦ ᐊᐃᑦᓴᓂᑦᑦᓵ

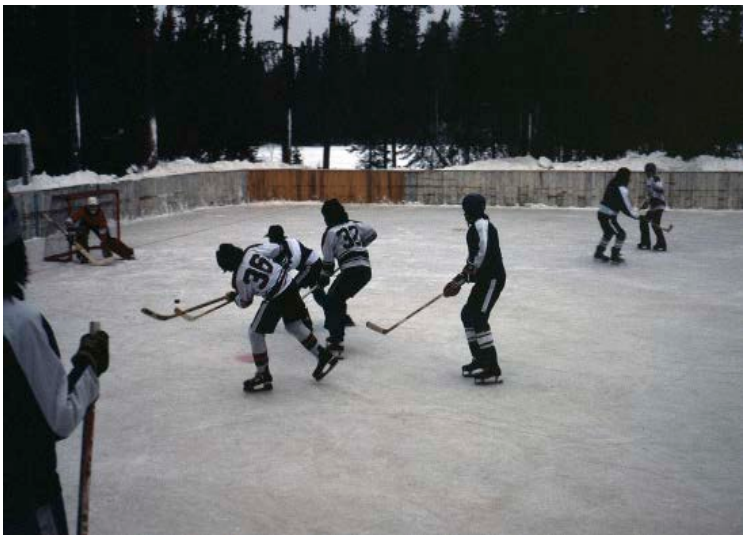
ᐱᐳᓂ ᐱᓯᒪᑊ – ᐸᐃᑦᒫᐳᐃ ᒪᓂᑐᐊᑉᐱ, ᑭᑫᐃᑉᑐ ᒥᓇ ᒥᓄᔭᐃᑉᑐ ᑲᐱᒥᐃᑉᑐᒻ᙮ ᐁᐅᑦᐱᑭᐦᐊᐊᑉᓱᓇᓂᐊᑉᑐᑊ ᑭᓂᒐᓂᓯᓇᓇᑊ, ᑫᓂᑐᒋᑲᒐᑭᑦ ᑕᒋᑫᐃᑉᓂᑦᑊ ᒥᓄᔭᐃᑉᓇᑦ

ᐁᐅᑦᒋᒪᒋᑕᔭᑦ ᐁᓂᓯᑕᐃᑉᓇᒪᑦ ᐁᐱᑮᐅᑐᔭᑦ ᐅᐦᐅᒪ ᑭᐁᑉᑎᓄᑦᑊ ᖃᑦᑲᐱᐦᐅᓄᑦᑊ ᐅᑦᐅᐸᐃᐊᑦ. ᑭᑕᒋᓂᑕᐃᑉᑊ ᒥᓇ ᑭᑕᒋᐅᑦᐊᑉᐱᑦᑕᐃᑉᑊ ᑭᓂᑦ ᒥᑲᓇᑦ. ᒣᒣᔾᑭᓇᑯᓄᑦ ᑭᑭᓄᒪᑫᐃᑉᓇᑦ ᒥᓇ ᑲᐁᐃᑦᑐᒋᑲᐅᑊ ᐊᑦᑎᖃᑫ ᑲᐁᐃᓂᔭᑦᑊ. ᑭᐃᑉᑕᒪᐃᑉᓇᐊᑉ ᒋᓇᓇᑦᑐᖅᑲᒣᑊ ᐃᑭᐁᑉᓂᐊᑉᑊ ᑲᑭᑭᓄᒪᐃᑉᑲᑉ ᒥᓇ ᑭᒋᔭᐦᐊᑊ ᐅᑦᒋ ᑎᐱᑭᑭᓯᑦ ᑲᐃᓇᑲᖃᓯᐊᑉᑦ ᒥᓇ ᐱᒪᑎᓯᐃᑉᑦ ᑲᐁᐃᑦᑐᒋᑲᐅᑊ ᐃᐦᐃᒪ ᑭᑕᒋᑫᐃᑉᓂᑦᑊ.

ᓂᒥᖃᑉᑕᑦ ᐁᑲᓇᐊᑉᐸᑦᑕᒪᑦ ᑲᐊᑉᐅᑭᑦ ᑭᒋᑯᑦᑊ ᑲᓂᒥᒪᑲᑭᑦ ᑭᒋᑯᑦᑊ ᑲᒥᓂᑯᔭᑦᑊ, ᒥᒋᓄᐊᑉᑊ ᑲᑭᑭᓄᒪᑯᔭᑦᑊ ᐃᐦᐱᒥᑦᑊ ᒥᓇ ᑕᐸᓯᐸᐦᐃᓇ ᑲᒥᑲᒪᑦᑊ ᑫᑯᓇᑦ ᐅᐦᐅᒪ ᐊᐦᑭᑦᑊ ᐅᑦᒋᓴ ᐃᐦᐃᒪ ᑭᒋᑯᑦᑊ ᑲᓂᒥᒪᑲᑭᑦ ᒥᓇ ᐊᐦᑭᑦᑊ ᓂᒥᐃᑉᓇᑦᓇ ᑲᐃᒋ ᓇᑭᖅᑲᑎᒪᑲᑭᑦ ᒣᒣᑦᑭᓴᐊᑦ ᐃᓯᓴᐃᑉᓇᑦᓇ ᐃᐦᐃᐁᑦ ᑲᒪᒪᑦᑕᑯᑭᑦ ᐃᐦᐃᐁᑦ ᑭᐃᑉᔭᐃᑉᓇᑦ ᑲᓇᑭᖅᑭᑫᒪᑲᑦ ᑲᑭᓇ ᑫᑯᑦ ᑲᑎᐸᖅᑲᑯᔭᑦᑊᓇ ᐊᓂ ᑲᑭᐃᑉᑕᒪᑦ ᐅᑕᓇᑦᑊ, ᑭᑎᐱᓇᒥᑦ ᐃᑉᑕᒪᑫᐃᑉᓇᑦ ᑲᐃᒋᒥᑫᑉᑕᒪᑦᑊᓇ ᑭᑕᐸᒋᑐᒥᑦ ᐅᒐᐸᑦ, ᑭᑕᑦᑊ, ᒥᓇ ᑭᐊᑉᓂᑲᔭ ᒋᐅᑦᒋ ᑭᑫᑦᑕᒪᑦᑊ ᐱᒪᑎᓯᐃᑉᑦᓇ ᐊᔭᐊᑉᑊ ᑲᐃᑉᑕᒪᑫᐊᑉᑦ, ᐊᓂᑲᓄᑕᒪᑫᑊ, ᐁᐃᑉᒋᑦᐃᑯᔭᑦᑊ ᑭᒥᑐᓄᑦᒋᑲᓂᓇᑦ, ᑭᑕᑦᑊ, ᒥᓇ ᑭᑕᒐᑯᓇᑦ ᒋᐅᑦᒋᐸᔭᑕᑦᑊ ᑭᑭᑦᑕᒪᑦᑊ ᐱᒪᑎᓯᐃᑉᑦᓇ ᐊᔭᐊᑉᑊ ᑲᐃᑉᑕᒪᑫᐊᑉᑦ, ᐊᓂᑲᓄᑕᒪᑫᑊ, ᐁᐃᑉᒋᑦᐃᑯᔭᑦᑊ ᑭᒥᑐᓄᑦᒋᑲᓂᓇᑦ, ᑭᑕᑦᑊ, ᒥᓇ ᑭᑕᒐᑯᓇᑦ ᒋᐅᑦᒋᐸᔭᑕᑦᑊ ᑭᑭᑦᑕᒪᑦᑊᓇ ᑭᑕᑦᑊ

ᖃᑭᑐᓐ ᑭᑕᐊᓂᔑᓇᐯᒧᐧᐃᓐ
Saa-kih-toon-kit-anishinabemowin
Love Your Language

They are sliding
shoshkwatahewak
ᓱᒃᑲᐧᑕᐦᐁᐊᐧᐨ



They are playing hockey
pimakowepahikewak
ᐱᒪᑯᐁᐧᐸᐦᑫᐊᐧᐨ

Plane
pimisewin
ᐱᒥᓴᐃᐧᐣ

Hoof
osit
ᐅᓯᐟ

Skidoo
otapan
ᐅᑕᐸᐣ

Skinning
pahkonikewak
ᐸᐦᑯᓂᑫᐊᐧᐨ

ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑦ ᒥᓇ ᒥᓄᐳᐃ·ᑦ ᐃ"ᐃᒪ ᕿᓂᒪᐳ ᒪᕿ ᑲᐯᒍᐃ·ᑲᒥᑯᑦᑦ ᑲᐯᒍᐃ·ᓇᑦ

ᓄᑯᑦ ᑲᓂ ᒪᒋᐊ"ᑭᐊ·ᑦᑦ, ᐅᑎᐸᒋᒧᐃ·ᓂᓂ ᐊᓄᑭᓇᑲᑦ ᓂᑦ ᖃᐳᒪᑦ ᐅᑭᐃ·ᑕᐱᒪᑦ ᐅᑲᓇᐅ·ᑦᒋᑫᑦ ᑲᓄᑭᓂᒻ ᐅᐳᓂ ᑳᐳᓴᑦ ᒥᓇ ᑕᐳᐅᑦ ᐊᐸᖃᒥᐸᐊ ᐅᐃ·ᑭᑫᑦᑕᑦᑦ ᐊᐊ·ᓱᒥ ᐊᓂᑦ ᐅᑦᑐᑕᒧᐊ·ᒻ ᒋᑲᒡᑭᒋᑲᒐᑦ ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑦ ᐃ"ᐃᒪ ᒍᒪᚴ.

SLFNHA ᒥᓱᑦ ᕿᑯᓇᑦ ᐅᐱᑲᒡᑭᑐᓇᐊ· ᐅᑕᓇᑦᑦ᙮ ᐯᓱᑦ ᕿᑯᑦ ᑲᑭᐅᑦᒋ ᒥᓄᓴᐊ·ᒻ ᒥᓄᐳᐃ·ᓂᑦᑦ ᒥᓇ ᒋᒥᓄᓴᐊ·ᒻ ᑲᐱᓂᐊ·ᒻ ᐅᑕᑯᓯᑦ ᐅ"ᐅᒪ ᐊ·ᓂᓇᐊ·ᑦᑲᑦᑦ ᐃ"ᐃᐅ· ᑲᑭᐅᓱᒋᑲᒐᑦ ᕿᓂᒪᐳ ᒪᕿ ᑲᐯᒍᐃ·ᑲᒥᑦ ᑲᐯᒍᐃ·ᑦ ᒣᑲ·ᒻ 2011 (ᒍᒪᚴ I), ᒥᓇ ᑲᐸ ᐅᑭᓇᑦᑭᒋᑲᒐᑦ ᐃ"ᐃᒪ ᒍᒪᚴ II ᒣᑲ·ᒻ 2019᙮ ᑲᐯᒍᐃ·ᑲᒥᑦ ᐊᓂᓱᓇᐯ ᐃ·ᑦᒋᑫᐃ·ᑦ ᐅᐃᓱ ᐊᓂᑲᓄᑕᒪᐊ·ᒐᑦ ᑭᑲᐯᒍᐃ·ᑦ ᒣᑲ·ᒻ ᐅᒪᒐᐳᑦ ᑭᑲᐯᒍᐃ·ᓂᑦᑦ᙮ ᐅᓄᐅ·ᓂᐊ·ᑦ ᑲᓂᓂᑭᑦ ᑲᐯᒍᐃ·ᓇᑦ ᐅ"ᐅᒪ ᐊ·ᓂᓇᐊ·ᑦᑲᑦᑦ ᐊᐳᐊ·ᑦ ᐅ"ᐅᒪ ᐅᐃᓇᒋᑲᒐᑭᑦ ᐅᑭᓂᐳᑭᑦ, ᐅᐱᑦᑎᑫᐳᑦ ᒥᓇ ᐅᑲᓇᐅ·ᑦᑕᑯᑭᑦ ᑲᐯᒍᐃ·ᓇᑦ ᒋᐊᐸᒋᑕᐊ·ᒻ ᐅᑕᑯᓯᑦ ᑲᐱᓂᐊ·ᒻ ᐊ·ᓂᓇᐊ·ᑦᑲᑦᑦ ᐅᑦᒋ ᒪᑭᑭᐃ· ᐃ·ᒋ"ᐃᐅ·ᐃ·ᓇᑦ᙮ ᐅ"ᐅᐅ· ᑲᐃᓇᒐᑦ ᑭᐊᓂ ᐅᒍᒋᑲᒐ SLFNHA ᐅᑲᓇᐅ·ᑦᒋᑫᑦ ᐊᓄᑭᐃ·ᑦ᙮

ᐅᐅᑦᑕᒋᑲᒐᑦ ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑲᒥᑦ ᒍᒪᚴ I ᒥᓇ II ᒥᒍᓇᓄᑦ ᐸᐸᒥᓯᐃ·ᓇᑦ, ᐅᓄᐅ·ᓂᐊ·ᑦ ᐊᓂᑦᑕ:

- ᐅᑦᑕᓯ ᐯᐯᒍᑯᑎᐸ"ᐃᑲᑐᑦ ᐅᓇᑲᒋᒋᑲᒐᑭᑦ ᐊ·ᑲ"ᐃᑲᓇᑦ, ᐅᑕᐸᑐᑦᓴᑦ ᑲᐃᒍᐊᐱᐊ·ᒻ ᒥᓇ ᑯᑕᑭᐳᑦ SLFNHA ᑎᐯᑦᒋᑫᐃ·ᓇᑦ᙮
- ᐊᓇᑲᒋᒋᑲᒐᑭᑦ ᑲᐃᒍᐊᐱᐊ·ᒻ ᐅᑕᐸᑐᑦᓴᑦ ᒥᓇ ᐅᒪᓯᓇ"ᐃᑲᒐᑭᑦ ᕿᑯᑦ ᐊ·ᐸᑦᒋᑲᒐᑦ ᐅᐃᒍᐅ·ᐸᑦ᙮
- ᐅᑲᓄᓇᑲᐅᐊ·ᒻ ᒍᒪᑲᓂᓂᑦ ᑭᒡᐱᑦ ᐊᐃ·ᐳ ᐅᑲ ᑲᐃᓯᓴᓂᑦ ᐃ"ᐃᒪ ᒋᑭᐊᐳᒻ᙮
- ᐅᑕᓇᓄᑭᐊ·ᒻ ᑲᐸ ᓂᑲᑦ ᐊᓄᑭᐃ·ᑦ ᒥᓇ ᓂᑲᑦ ᐊᐱᐃ·ᓇᑦ᙮
- ᐅᐃ·ᒋ"ᐊᐊ·ᒻ ᑲᐸ ᑲᐊ·ᐅ·ᒍᒋᑫᓂᒻ ᐊᐱ ᑲᓇᑦᑕᐅ·ᓂᒪᑲᐅᐊ·ᒻ᙮
- ᐅᐃ·ᑦᑕᒧᐊ·ᒻ ᕿᑯᓇᑦ ᑲᐃᒍᐅ·ᐸᑭᑦ ᐃᓂᐅ·ᓂᐊ·ᑦ ᑲᓂᑲᓂᒡᑲᑦᑦ ᐅᑕᑯᓯ ᐃ·ᒋ"ᐃᐅ·ᐃ·ᓇᑦ᙮

ᓂᑯᒻ, ᐃ"ᐃᐅ· ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑦ ᐊᓄᑭᐃ·ᑦ ᒥᒍᓇᓄᑦ ᕿᑯᓇᑦ ᑲᑐᒋᑲᒐᑭᑦ ᐊᐊ·ᒍᒥ ᑲᓂᐱᒐᐱ"ᐃᑲᒐᑭᑦ ᕿᑐᑕᒧᐊ·ᒻ᙮ ᐅᑲᓇᐅ·ᑦᒋᑫᑦ ᐊᓄᑭᓇᑲᓇᑦ ᐅᑭᒋᓇᑭᑦᑕᓇᐊ·ᒋᑲᓇᐅ·ᑦᒋᑫᓇᓂᐊ·ᑦᑦᐅᑕᓯᑦ, ᒥᓇ ᐃ"ᐃᒪ ᐃᒍᒪᓯᓇ"ᐃᑲᒐ ᓇᐸᐸᑦᒋᑫᐃ·ᓇᑦ ᑲᐅᓇᒐᑭᑦ ᒋᑲᓇᐅ·ᑦᑕᑯᑦ ᐊᐟᐯᒍᐃ·ᑦ ᐅᑦᒋ ᐅᑕᑯᓯᑦ ᒥᓇ ᑎᐯᑦᒋᑫᐃ·ᓇᑦ᙮ ᐊᓄᑭᓇᑲᓇᑦ ᐅᑭᒋᓇᑦᑕᓇᐊ· ᐅᑲ ᒋᐱᑦᑎᑫᐃ·ᒋᑲᒐᑭᑦ ᑲᑭᐊ·ᐅᑫ·ᐱᐅᑲᒪᑲᑭᑦ ᒪᐅᑭᑦ ᒥᓇ ᒥᓂᑫ·ᐃ·ᓇᑦ ᐅᑦᒋ ᐅᑕᑯᓯᑦ ᑲᐱᓂᐊ·ᒻ ᐊ·ᓂᓇᐊ·ᑦᑲᑦᑦ ᐅᐱ ᓇᑦᑕᐅ·"ᐊᑲᓂᐊ·ᒻ᙮ ᐅᑲ ᒋᓄᑦᑕᑯᓇᓂᐊ·ᑦᑦ ᐃᓱᒪᒋᓴᒪᑲᑦ 11 ᑲᓂᑎᐱᑲᑦ, ᒥᓇ ᑲᐱᑭᐅᑐᓇᓂᐊ·ᑦᑦ ᐊᑯᓇᑦ 9 ᑲᓂ ᐅᓇᑯᓱᑦ᙮

ᐊ"ᐊᐅ· ᐅᕗᓂ ᑳᕗᓴᑦ, ᒍᒪᚴ ᐅ ᑲ ᓇ ᐅ· ᑦ ᒋ ᕿ ᐊ ᓄ ᑭ ᓇ ᑲ ᑦ ᐅ ᑎ ᓱ ᐃ· ᑦ ᑕ ᑦ, "ᐅᑲᓇᐊ·ᐸᑦᒋᑲᒐᑦ ᑲ ᓇ ᐅ· ᑦ ᒋ ᕿ ᐃ· ᑦ ᒥᓇ ᒋᒥᓄᓴᐊ·ᒻ ᐅᑕᑯᓯᑦ, ᑭᒻᐅᒃ"ᐊᑦ, ᒥᓇ ᐊᐊ·ᓱᓂᑦ ᓂ ᑲ ᓇ ᑭ ᑦ ᒋ ᑲ ᒐᑦ᙮"

"ᓂᑯᒻ ᐊᐳᐊ·ᑦ ᐊᓂᒥᓴᐃ·ᓇᑦ ᖃᑦ ᑲᐱᒪᓄᑭᓇᓂᐊ·ᑦᑦ᙮ ᐃ ᒡ ᑯ ᒐ ᐊ· > ᒥᓇ ᒪᒡᑭᑭᑦ ᐊ· ᓇ ᒋ ᕿ ᒪ ᑲ ᓄ ᑦ

ᓇᒪᑦᒌᐃ·ᓂᑦᑦ - ᓇ"ᐃᐃ·ᓂᑦᑦ: ᑉᕿᐊᒐᕿ ᐅᑦᓴᑦᑕᑦ, ᐅᕗᓃ ᑳᕗᓯ, ᑯᕗᒌ᐀ ᓯᑦᑦ, ᒥᓇ ᑖᕗᐅᑦ ᐊᕿᖃᒥᕿᐊ ᐅᐊᐳᐊ·ᒻ ᒍᒪᚴ 2

ᐅ"ᐅᒪ ᑲᐯᒍᐃ·ᓂᑦᑦ ᐅᐃᓇᒋᑲᒐᑦ ᒋᑲᓇᐅ·ᑦᑕᑯᓯᐊ·ᒻ ᐅ"ᐅᒪ ᑲ ᐊᐳᐊ·ᒻ ᐅᑕᑯᓯᑦ᙮ᑲᑭᑦᑐᑕᒥᑦ ᐅᑲᒋᒪᓯᑦᑦ ᐅᑲᒋᐱᓂᐊ·ᒻ ᒥᒪᑲᓂᓂᑦ, ᓂᑯᒻ ᐅᖃᑦᑕᐃᓯᑦᑦ ᐊᐃ·ᐳᑦ ᑲᐃᒍ ᐅᓇᑦᑕᒧᐊ·ᒻ ᐅᐃᒍᓇᑦᑕᐅ·ᑦᑕᑯᑦ ᒋᑲᓄᓇᐳᑦᑦ ᒥᒪᑲᓂᓂᑦ᙮"

ᑲᑲᓇᐅ·ᑦᒋᑫᐊ·ᒻ ᐊᓄᑭᓇᑲᓇᑦ ᐅᑐᑕᓇᐊ· ᐅᑕᓄᑭᐃ·ᓂᐊ· ᐅᑯᐸᒐᑦᒋᑫᐊ·ᒻ ᒥᓇ ᐅᓂᓯᑐᑕᒧᐊ·ᒻ᙮ "ᓂᓂᓯᑐᑕᒥᑦ ᐃᑭᐅ·ᓂᐊ·ᑦᑦ ᐅᑕᑯᓯᑦ ᑲᐱᓂᐊ·ᒻ ᐅ"ᐅᒪ ᐅᒥᓄᓇᑭᑦ ᑲᐅᑦᑕᓴᓂᐊ·ᑦᑦ ᒥᓇ ᐅᐅᑎᓂᑯᐊ·ᒻ ᒥᓂᕿᐊ·ᐊᐱᐅᓇᑦ," ᐃᑭᑐ ᑕᐳᐅᑦ ᐊᐳᐊ·ᒻ, ᒍᒪᚴ ᑲᐯᒍᐃ·ᑦ ᑲᓇᐅ·ᑦᒋᑫ ᑲᓂᑲᓂᒡᑲᑦᑦ᙮

ᐯᓱᑦ ᕿᑯᑦ ᐅᑦᑐᒋᑲᒐᑦ ᑲᑯᐊ·ᑦᒋ"ᐊᑲᐅᐊ·ᒻ ᐊᓄᑭᓇᑲᓇᑦ ᑲᑕᓇᓄᑭᐊ·ᒻ ᐃ"ᐃᒪ ᒍᒪᚴ ᒥᑕ"ᐃ ᐅᑭᑭᓄᒪᐊ·ᑲᐅᐊ·ᒻ, ᐃᓂᐅ·ᓂᐊ·ᑦ ᑎᓄᑲᑦ 144 ᑕᓯᑎᐸ"ᐃᑲᑦ ᒥᓂᑯᑦ ᒥᓇ ᐅᓄᐅ·ᓂᐊ·ᑦ ᐅᑭᑭᓄᒪᐊ·ᑲᐅᐊ·ᒻ CPR ᒥᓇ ᒥᑐᐅᑦᒋᑲᑦ ᒥᓄᐳᐃ·ᑦ ᐃ·ᒋ"ᐃᐅ·ᐃ·ᑦᑦ᙮ ᐊ"ᐊᐅ· ᑕᕗᐊᑦ ᑲᐃᒍᐃ·ᑦᑕᑦᑦ, "ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑦ ᐅ"ᐅᒪ ᒪᐸᑭᓴ ᐊᐱᒻ ᑯᑕᑭᐳᑦ ᑲᓇᐅ·ᑦᒋᑫ ᐊᓄᑭᐃ·ᓇᑦ᙮ ᑲᐃ·ᓂᑦ ᐅᑕ ᑲᐃᒍᐊᐱᐊ·ᒻ ᐅᑕᐸᐅᑦᓴᑦ ᒥᓇ ᐅᑕᐸᓇᑦ, ᐃ"ᐃᐅ· ᑲᓇᐅ·ᑦᒋᑫᐃ·ᑦ ᒥᓇ ᒥᓄᓴᐃ·ᑦ ᑲᑭᓇ ᐅᑕᑯᓯᑦ ᐅ"ᐅᒪ ᑲᑲᐯᒍᐊ·ᒻ ᒪᐊ·ᒻ ᐅᑭᒋᐅᑦᑕᑯᑦᑦ᙮"

ᐊᐊ·ᒍᒥ ᐃ"ᐃᐅ· ᑭᑭᓄᒪᑫᐃ·ᑦ, ᐊᐳᒪᑲᑦ ᐃ·ᒋ"ᐃᐅ·ᐃ·ᑦ ᐃᑭᐅ·ᓂᐊ·ᑦᑦ ᐊᓄᑭᓇᑲᓇᑦ ᒋᐃ·ᒋ"ᐃᑎᐊ·ᒻ ᐃ"ᐃᒪ ᑲᐃᒍᐊᓂᒪᑦ ᐊᓄᑭᐃ·ᑦ᙮ "ᑕᐳᐊ·ᒥᑦ ᒥᓯᑐᑲᒥᑦ ᐅᐅᑦᒋᐊ·ᒻ ᐊᓄᑭᓇᑲᓇᑦ, ᓂᑯᒻ ᑲᑭᓇ ᑎᓇᑭᒥᑎᒥᑦ ᒋᐃ·ᑕᓄᑭᒥᑎᐳᑦᑦ᙮" ᐃᑭᑐ ᕿᐃ·ᑦ ᐅᕗᓂ᙮

ᐃ"ᐃᐅ· ᑲᐃᓇᑦ ᑭᑭᓄᒪᕿᐃ·ᑦ ᒥᓇ ᑲᐸ ᑲᐃᒍᐊᓂᒥᓴᑭᑦ ᕿᑯᓇᑦ, ᐊᐳᐊ·ᓄᑦ ᒥᓇ ᑲᐸ ᑲᒥᓂᑦᑕᑯᑭᑦ ᑲᑲᓇᐅ·ᑦᒋᑲᓂᐊ·ᑦᑦ ᖃᑦ· ᐃ"ᐃᒪ ᒍᒪᚴ I ᒥᓇ II᙮ ᑲᑲᓇᐅ·ᑦᒋᑫᐊ·ᒻ ᓂᓯᑕᐃ·ᓇᐊ·ᑦ ᑲᑕᓇᓄᑭᐊ·ᒻ ᐃ"ᐃᒪ ᑲᐯᒍᐃ·ᓂᑦᑦ ᑲᐊ·ᐸᒪᐊ·ᒻ ᒥᓂᑦ ᐅᑕᑯᓯᑦ᙮ "ᐊᓂᑦᑕ ᕿᑯᑦ ᑲᒥᓂᑦᑕᒧᐃ"ᐃᑯᐳᑦ ᐃ"ᐃᐅ· ᐅᑎᐯᑦᒋᑫᐃ·ᑦ ᒥᑫ·ᒻ ᑲᐃᓂᓂᒡᐊ·ᒻ ᑲᑭ ᐃ·ᒋ"ᐊᑲ· ᑲᑭ ᐃᓯᓴᐊ·ᒻ ᒥᓇ ᐅᑭ ᑲᓇᐅ·ᓂᒪᑲ· ᑲᐸᒪ ᐊ"ᐊᐅ· ᑭᒋᐳ"ᐊ ᑲᐱᓇᓯᑲᐃ·ᒧᒻ ᒥᓇ ᐊ· ᐅᐱᑕᑯᒧᑦᑦ ᐅᐊ·ᒋᐸᒥᒧᒻ," ᐃᑭᑐ ᑳᕗᑦ ᐅᒥᑲᐃ·ᒻ ᐃ"ᐃᒪ ᒥᒧᓇ· ᑲᑕᓇᓄᑭᒻ ᒍᒪᚴ᙮

ᑲᐃᒍᐊ·ᐸᑦᒋᑲᓂᐊ·ᑦᑦ ᐃ"ᐃᒪ ᕿᓂᒪᐳ ᒪᕿ ᑲᐯᒍᐃ·ᑲᒥᑦ ᑲᐯᒍᐃ·ᑦ ᒋᐅᓇᒋᑲᒐᑦ ᐅᑭᓂᐳᑦᑦ, ᒋᐱᑦᑎᑲᓂᐊ·ᑦᑦ ᒥᓇ ᐅᑲᓇᐅ·ᑦᒋᑲᒐᑦ ᑲᐯᒍᐃ·ᑦ ᕿᐃᒍᐊᐳᐊ·ᒻ ᐅᑕᑯᓯᑦ ᑲᐱᓂᐊ·ᒻ ᐊ·ᓂᓇᐊ·ᑦᑦᑦ ᐅᑦᒋ ᓇᑦᑕᐅ·"ᐃᐅ·ᐃ·ᓇᑦ᙮ ᐃᒍᐊ·ᐸᑦᒋᑲᒐ ᐃ"ᐃᒪ ᒍᒪᚴ I ᒥᓇ II᙮ ᐅᑲᓇᐅ·ᑦᒋᑫᑦ ᐊᓄᑭᓇᑲᓇᑦ ᑲ·ᐳᑦ ᒋᑐᑕᒧᐊ·ᒻ ᐅᑕᓄᑭᐃ·ᓂᐊ·᙮

ᐅᓂᓇᐣ ᑭᓂᐯᒃᑲᒥᔅ!

ᐅᑕᑯᓱᔅ ᒥᓇ ᑲᑲᓇᐁᐧᒥᕐᐊᐧ
ᑲᑲ ᒋᐧ ᐧᑭᑭᐱᐧᑳᒣᕐᐊᐧᐧ ᐱᐱ ᑭᑕᐱᐧᓂᔅ
ᐃᐧᓂᐯᔅ
ᑭᔭᐧ ᑲᔪ ᐢᐃᒍᔅᓂᔅ ᒋᐅᓐᑕᒧᐊᐧ
ᑲᐃᒍᓇᑕᐁᐧᑕᒧᐊᐧ ᕿᐃᒍᑲᐯᒍᐊᐧ

1. Upon arrival in Winnipeg call the Transportation Referral Unit
1-877-983-0911

2. Request accommodation at a **pre-selected hotel**
(The Patient Navigator Program has provided a list of hotels)

3. Select three in case your first choice is full

This process will help the Transportation Referral Unit process your accommodations

Contact:
Patient Navigator Program
navigator@slfnha.com

ᐊᓄᑭᐃᓐᓇᐣ ᐅᐅᒪ SLFNHA ᐱᒧᒋᑫᐃᓐᓂᐝ

#SLFNHAIsHiring!

SLFNHA ᐃᐧ ᐊᓄᑭ"ᐃᐁᐧ ᐅ"ᐅᒪ ᐊᐧᓇᓇᐊᐧᐣᑲᐣᐝ, ᑕᐣᑐᐧ V, ᒥᓇ ᑭᐁᐧᑎᓄᐣᐝ ᑕᑦᑫᐃᐧᓇᐣ! ᒥᑦᐣ ᑕᐅᒥᐣ ᐊᓄᑭᐃᐧᓇᐣ ᕿᑭᐅᑕᐱᓇᒪᐣ ᐁᐸᐱ"ᐃᑯᐅᐣ:

- Registered Nurses ᑲᒪᓯᓇ"ᐃᑲᓂᐣᓯᐊᐧᐧ ᒪᐩᑭᑭᐃᐧᓂᓂᐊᐧᐝ
- Administrative Assistants ᐅᑦᐱ"ᐃᑫᐃᐧᓂᐣᐝ ᑲᐃᐧᒋ"ᐃᐁᐧᐊᐧᐧ
- Mental Health Counsellors ᒥᑐᓂᐣᒋᑲᐣ ᒥᓄᐅᐃᐧᐣ ᑲ ᐊᐅᒥ"ᐃᐁᐧᐊᐧᐧ
- Manager, Outpatient Mental Health Service ᐅᑭᒪ, ᐊᑯᒋᐣᐝ ᐅᑕᑯᓯ ᒥᑐᓂᐣᒋᑲᐣ ᒥᓄᐅᐃᐧᐣ ᐃᐧᒋ"ᐃᐁᐧᐃᐧᐣ
- Director, Information Communication Technology ᑲᓂᑲᓂᒡᑲᐣᐝ, ᐃᐧᐣᑕᒪᑫᐃᐧᐣ ᐱᐊᐧᐱᑯᐃᐧ ᓇᑲᒋᐃᐧᐣ
- Manager, Roots for Community Well-being ᐅᑭᒪ, ᐅᒋᐸᑯᐣᐝ ᐅᐣᒋ ᑕᑦᑫᐃᐧᓂᐣᐝ ᒥᓄᐅᐃᐧᐣ
- Patient Navigator ᐅᑕᑯᓯᐣ ᑲᐃᐧᒋ"ᐃᐁᐧᐧ
- Oral Health Treatment Coordinator ᐅᑯᓂᐁᐧᐣᐝ ᒥᓄᐅᐃᐧᐣ ᓇᐣᑕᐁᐧ"ᐃᐁᐧᐃᐧᐣ ᐊᓄᑭᓇᑲᐣ
- Laundry Aide ᑭᓯᓯᐸᒋᑫᐃᐧᐣ ᑲᐃᐧᒋ"ᐃᐁᐧᐧ
- Dispatch Clerk ᐱᒥᐅᐃᐧᓇᐣ ᑲᐃᐧᒋᑐᐧ
- Housekeeping Aide ᓂᐯᐃᐧᑲᒥᑯᐣᐝ ᑲᑭᓯᓂᑫᐧ
- Dietary Aide ᑲᐃᓇᐣᒋᑲᓂᐊᐧᐣᐝ ᑲᐃᐧᒋ"ᐃᐁᐧᐧ
- Interpreter ᐃᓂᐧᑕᒪᑫᐃᐧᓂᓂ
- Maintenance Worker ᑲ ᐊᐧᐁᐧᑦᒋᑫᐧ ᐊᓄᑭᓇᑲᐣ

ᑲᓇᐊᐧᐸᑕᐣ ᐊᓄᑭᐃᐧᓇᐣ ᒥᓇ ᑭᐅᐱᐧ ᐅᐅᒪ
SLFNHA.com/careers

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Sioux Lookout First Nations Health Authority

SLFNHA ᑲᑕᓇᓄᑭᑕᒪᑫᒻ

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1 (807) 737-1802
Toll Free: 1 800- 842-0681

www.slfnha.com

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