



First Nations Health Authority
Health through wellness

Ongoing Journey of Health Transformation & Innovation

Sioux Lookout
June 25, 2024



Overview



First Nations Health Authority
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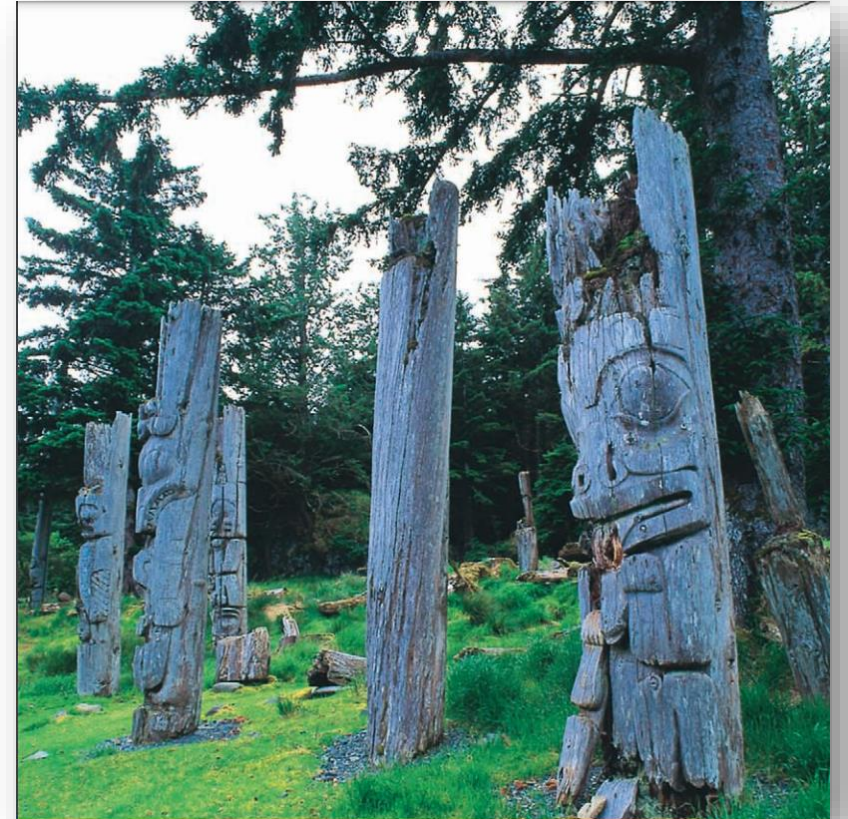
- Background and history of the FNHA
- Transfer and Governance
- Transformation
- Programs and Services
- Areas of Innovation





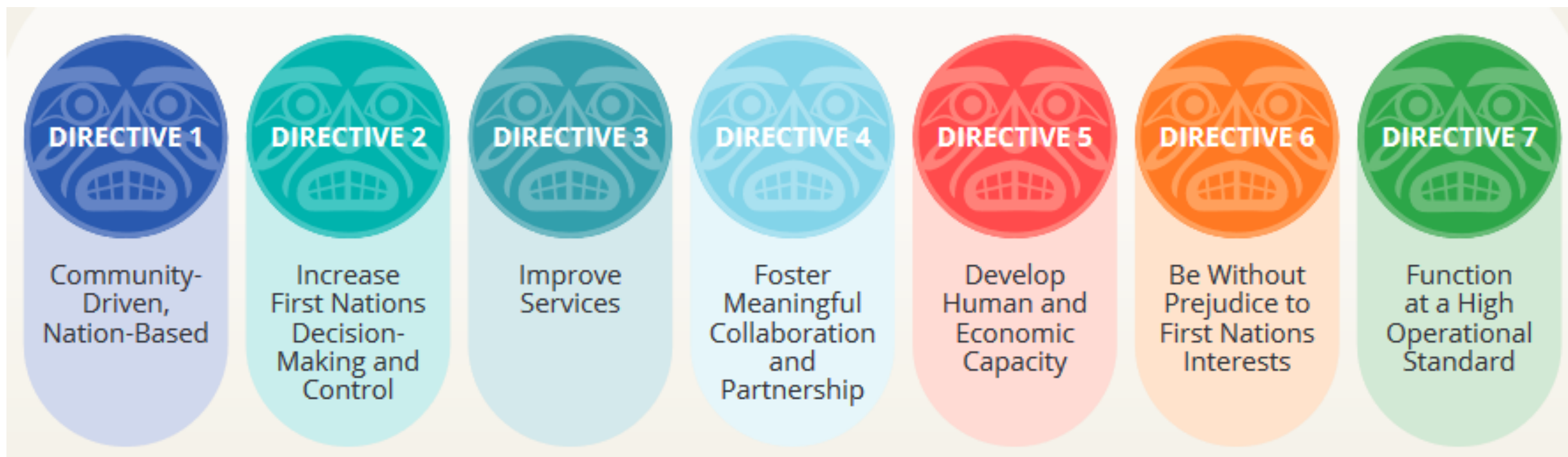
History of the First Nations Health Governance Structure

- In 2005, First Nations in BC and federal and provincial governments committed to a shared agenda and partnership through the [Transformative Change Accord](#).
- In the area of health, progress was realized through a series of political agreements.
- The [2011 Consensus Paper](#) passed by First Nations in BC and the subsequent signing and implementation of the [BC Tripartite Framework Agreement \(TFA\)](#) on First Nations Health Governance established a unique First Nations Health Governance Structure.
- In 2013, the FNHA began a new era in BC First Nations health governance and health care delivery by taking responsibility for the programs and services formerly delivered by Health Canada.





“Healthy, Self-Determining and Vibrant First Nations Children, Families and Communities in BC”





Key Transfer Activities



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Building Solid Systems & Structure

Building the FNHA
(Organizational Development)

IM/IT systems
Financial systems
HR systems

Assuming Assets

Real Property and Accommodations

Financial and Human Resources

Taking over Programs and Services

First Nations Health Benefits (NIHB)

All Current FNIHB Programs and Services

Contribution Agreements

Transition, Transfer & Transformation



Creating a Shared Organizational Culture





FNHA's Unique Place in the Health System

- Strategic policy and planning
- Services to First Nations across BC; some through BC First Nations health centres
- Local and regional health services planning and delivery
- Advance system-wide priorities in the spirit of reciprocal accountability

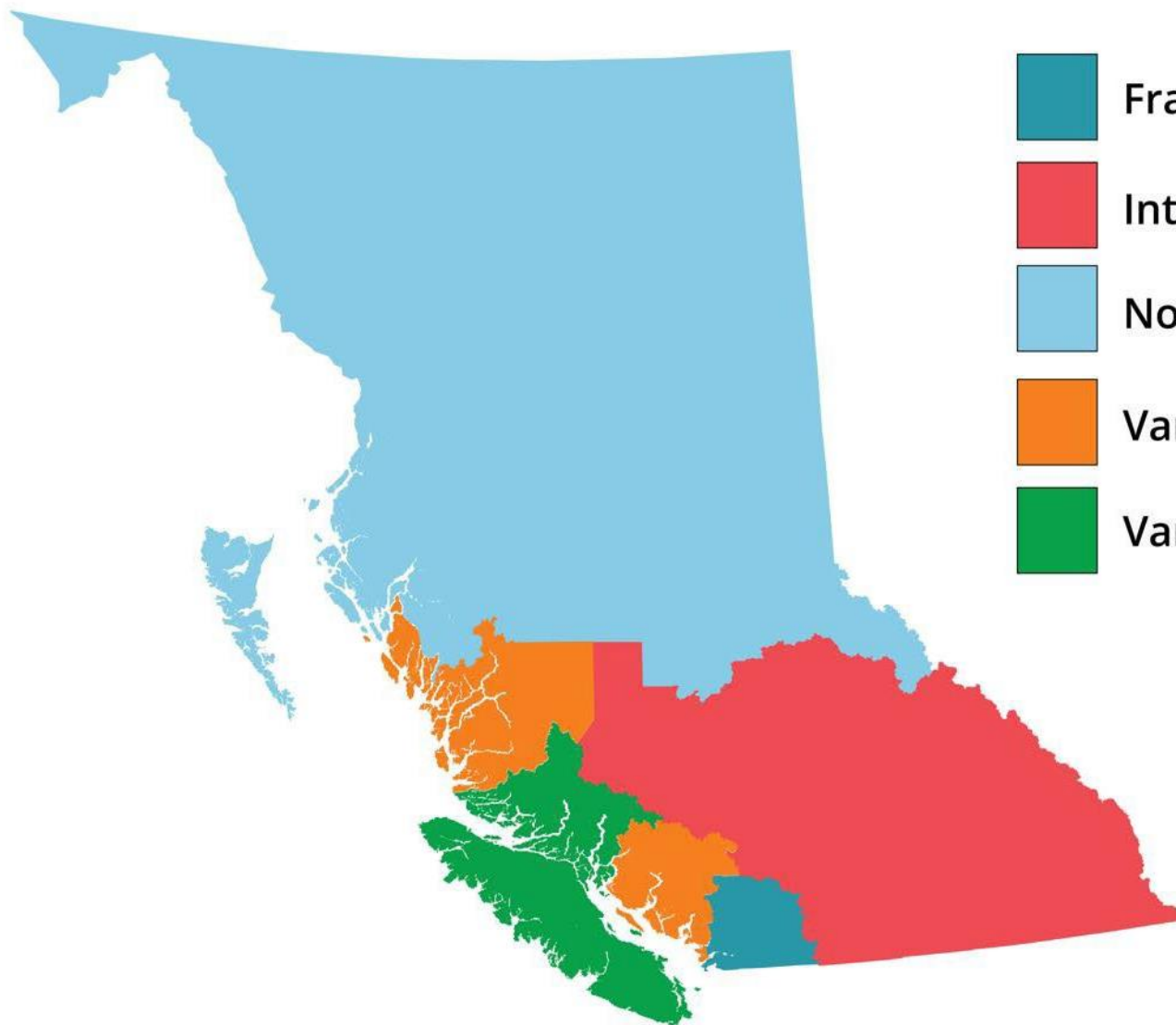




FNHA Regions



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-  Fraser Salish Region
-  Interior Region
-  Northern Region
-  Vancouver Coastal Region
-  Vancouver Island Region





Transformation through Partnership

Regional Partnership Accords

- Relationship agreements in place with each of the five regional health authorities
- Reciprocal accountability emphasizing collaborative action and commitment to accelerating improvements to First Nations health and wellness
- Foundations for tackling operational issues together in true reconciliation
- Helping to facilitate efficient implementation of priorities set out by the Regional Caucus





Transformation through Partnership

Mental Health and Wellness MOU

- Signed in 2018 between the First Nations Health Council, BC and Canada to improve the mental health and wellness needs of First Nations in BC
- \$30M invested in 89 initiatives and 184 unique First Nations communities.
- Flexible funding, strengths-based reporting
- Supported community-driven, Nation-based planning and change.
- An additional \$60M investment (\$20M each from FNHA/BC/Canada) was dedicated to treatment centres.





Transformation through Partnership

Research & Advanced Education

- New Simon Fraser University Medical School - accelerating health innovation in culturally safe team-based, preventative and community-based care for Indigenous populations
- FNHA Research Chairs – advancing research to improve health outcomes and understanding of unique health needs of First Nations populations
 - Heart Health & Wellness: SFU and St. Paul's Hospital
 - Cancer & Wellness: University of BC
- Collaborative research initiatives – expanding knowledge and data on First Nations health and wellness
- Lego Foundation 'Build a World of Play Challenge' - reclaiming Indigenous children's futures through intergenerational play spaces





Transformation through Partnership

Cultural Safety & Humility Standard



- First Nations in BC have told us that to improve access to care, services must be culturally safe, and free of racism
- Collaboration with the Health Standards Organization on the British Columbia Cultural Safety and Humility Standard,
- Toolkit for the BC health system to address Indigenous-specific racism and build a culturally safe health care environment



Transformation through Partnership

10-Year Strategy on Social Determinants of Health

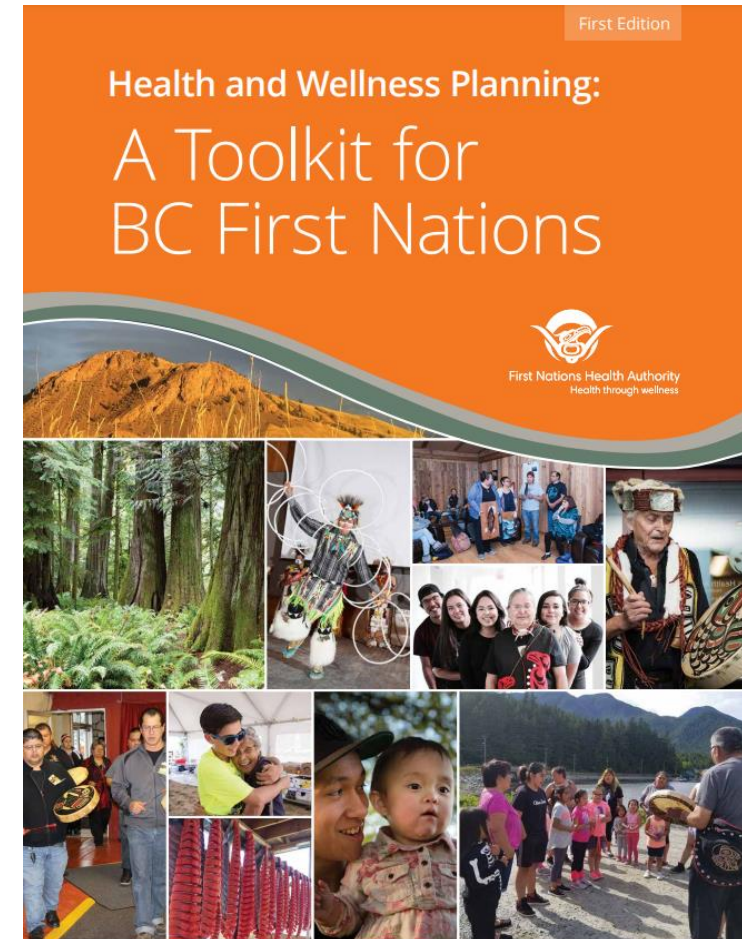
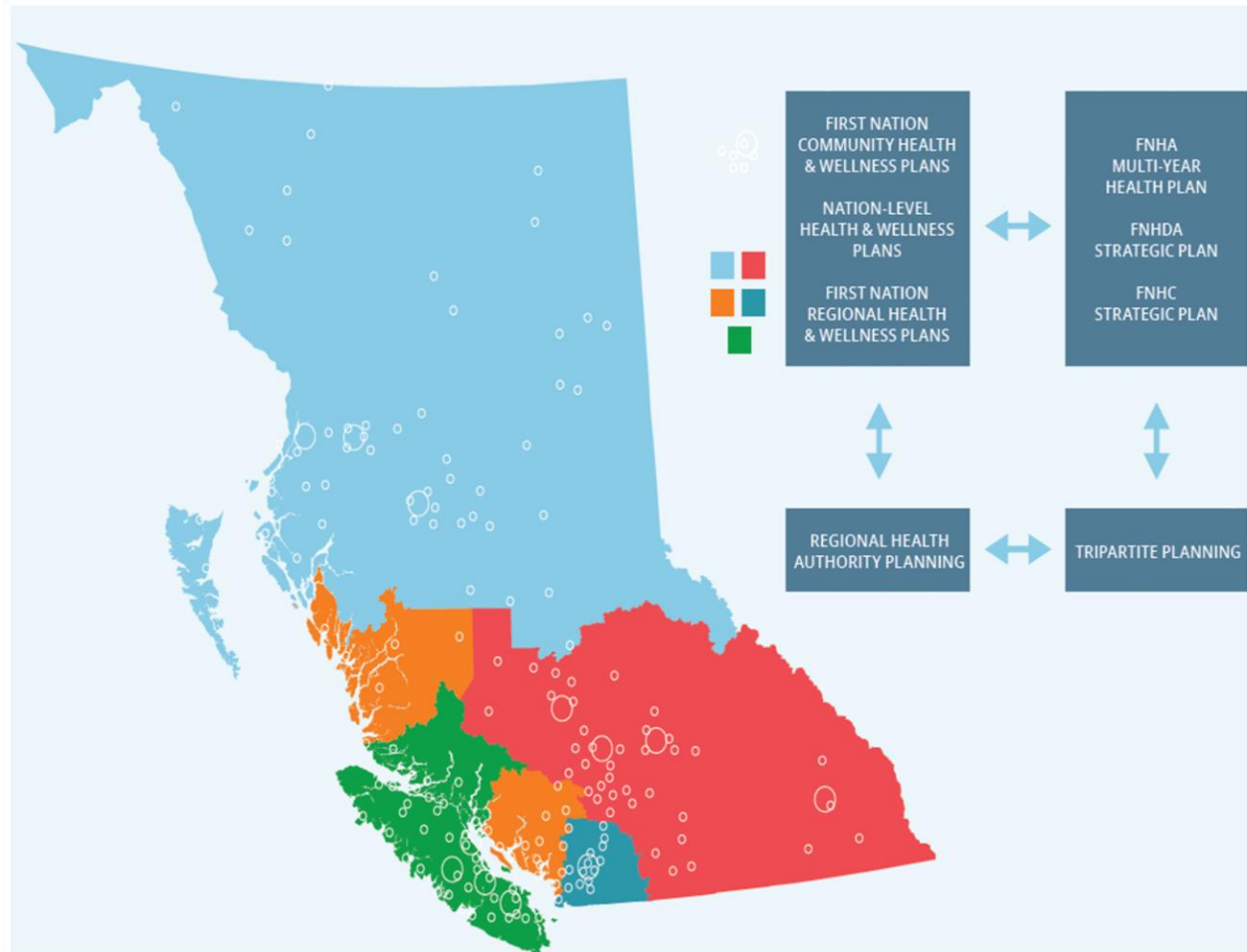
- Approved by First Nations Chiefs and leaders in BC through groundbreaking resolution with historic levels of consensus
- A framework for change
 - Bringing health care closer to home
 - Decolonizing health care through systems change
 - Restoring the wellness that First Nations enjoyed prior to contact and colonialism
- Requires a whole-of-government approach grounded in existing Tripartite commitments to accelerate progress on the SDOH
- Four priorities:
 - Healing Approaches
 - Cultural Infrastructure
 - Nation-based Governance
 - Sustainable Funding





First Nations Health & Wellness Planning

A comprehensive planning model, grounded in community & regional priorities enabling greater collaboration, coordination and quality of services





FNHA Programs and Services



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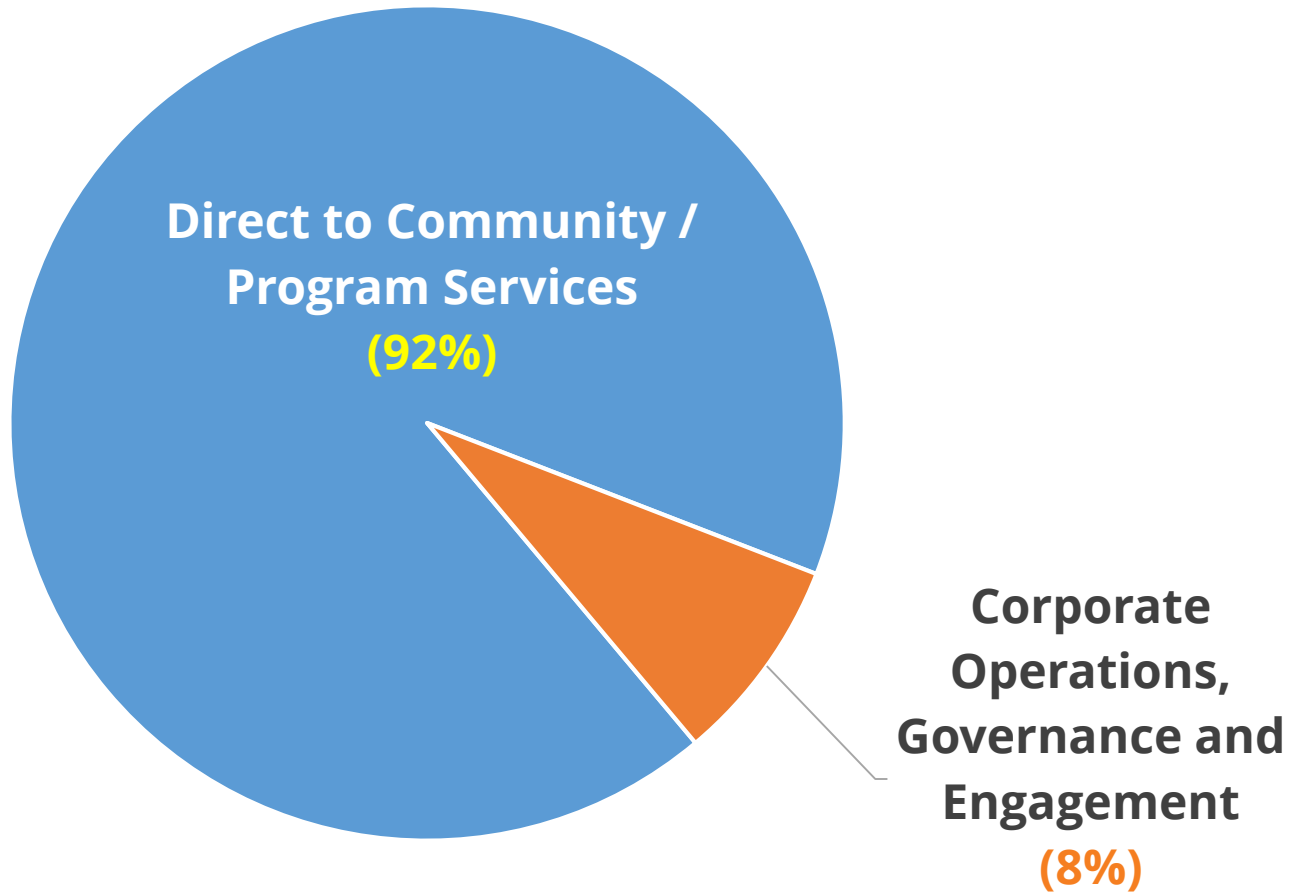
- First Nations Health Benefits
- Nursing and Clinical Services
 - Communicable Disease Population & Public Health
 - Home & Community Care
 - Community Accreditation & Quality Improvement
- Health Promotion and Disease Prevention
 - Maternal, Child, & Family Health
 - Mental Health & Substance Use
- Environmental Public Health Services
- Health Infrastructure Support
 - Health Planning & Management
 - Healthy Systems Transformation
 - Health Emergency Management
- Virtual Services
 - Virtual Doctor of the Day
 - Virtual Substance Use and Psychiatry Service



Commitment to Community-based Funding



FNHA Funding Allocations



- FNHA has consistently allocated a majority of its funding to communities over the past 10 years
- FNHA continues to prioritize communities and Nations
- Enhance funding allocations to address key areas of need



FNHA Areas of Innovation



- Primary Health Care
- Virtual Health & Wellness Services
- Healing Models
- Health & Wellness Planning
- Data Governance
- UNDRIP



FNHA Areas of Innovation

Primary Health Care



The All Nations Healing House in Williams Lake, one of two fully operational FNPCCs

- 15 First Nations-led Primary Care Centers (FNPCCs) in various stages of planning and implementation across BC
- Partnership with communities, Nations, Ministry of Health, regional health authorities and other partners
- Accessible, wholistic, culturally safe primary care, integrated with traditional healing, acute and home and community care services
- Planning & implementation guided by First Nations/Indigenous engagement pathways and self-governance principles



FNHA Areas of Innovation

Virtual Health and Wellness Services

- Programs provide access to virtual primary health care and specialists in addiction medicine and psychiatry as well as mental health and wellness
- Programs include doctors and health specialists of Indigenous ancestry and all providers are dedicated to delivering trauma-informed care that is culturally safe
- Since the launch of these services in 2020, we continue to see increasing utilization by First Nations people





FNHA Areas of Innovation

Healing Models

- FNHA is working with First Nations to establish healing centres and modalities in each of the five health regions in BC
- Focus on healing from trauma through cultural and traditional wellness
- Some sites/modalities specific to healing for survivors of Indian Residential Schools and their families, and those healing from sexual abuse



Health & Wellness Planning

- Planning landscape transformed by grounding plans in community values, culture/traditions and community/Nation driven practices.
- FNHA supports communities in health and wellness planning through resources, tools and health program expertise



FNHA Areas of Innovation

Improving Access to Data

Developing Data Governance Frameworks to operationalize data sovereignty

Equipping communities with relevant and applicable information to drive decision making

Applying community direction to policies, procedures, and decision making



FNHA Areas of Innovation

United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)

- UNDRIP outlines a universal framework of minimum standards for the survival, dignity and well-being of Indigenous Peoples
- FNHA described as an innovative model that places the governance, decision-making, and delivery of Indigenous healthcare in the hands of BC First Nations – representing a national and international “gold standard” regarding UNDRIP compliance and implementation





Key Ingredients of Innovation

- Client focused
- Deals with clear unmet needs
- Builds standards and metrics, including satisfaction
- Bold but containable
- Accepting that a certain amount of risk is unavoidable
- Having “prototypes” not “pilots”
- Expand or replicate continuous improvement



Thank you!

Gayaxsixa (Hailhzaqvla)

Kw'as ho:y (Halq'eméyem)

Mussi Cho (Kaska Dena)

Huy tseep q'u (Stz'uminus)

Huy ch q'u (Hul'qumi'num)

Tooyksim niin (Nisga'a)

Haaw'a (Haida)

Kwuk^wstéyp (Nlaka'pamux)

Kukwstsétsemc
(Secwepemc)

Gila'kasla (Kwakwaka'wakw)

HÍSWKE (Sen'cōten)

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Kleco Kleco (Nuu-Chah-Nulth)

Sechanalyagh (Tsilhqot'in)

Snachailya (Dakelh)

T'oyaxsim nisim (Gitxsan)