



Armanda Parkinson - Director of Health









Keewaytinook Okimakanak Tribal Council

Keewaytinook Okimakanak (KO) Tribal Council Health department serves the communities of Deer Lake First Nation, Fort Severn First Nation, Keewaywin First Nation, McDowell Lake First Nation, North Spirit Lake First Nation, and Poplar Hill First Nation. The communities are all remote, isolated, fly in with seasonal winter road access. The population of in community members of approximately 3,300 First Nation people living on reserve.



Keewaytinook Okimakanak Health Transformation Mandate



To promote social-economic development, rights and freedoms of the member First Nations in their pursuit of self-determination, the recognition of the Inherent Rights of the First Nation member, cultural awareness of the First Nations and their membership; and to establish and maintain the First Nations and to administer and to operate programs on behalf of a First Nation of its members when specifically requested to do so by the First Nation or its members.

Through its close awareness of community needs KO and its team approach, the Chief and Council advises and directs the operations of our KO departments.

The Council's mission is to provide essential services in the areas of education, economic development, employment, health, public works, finance, administration and connectivity through mobility and internet broadband.

Keewaytinook Okimakanak Health Department

KO Health department is made up of 7 programs. Home and Community, Nursing transfer, Mental Health, Jordan's Principle, Community Wellbeing, Social Emergency, and cEMR.

Health is a significant part of the community and is connected to all aspects that make up the components of a community.







The goal of Health Transformation/ Health Governance initiated at KO is to reestablish our healthcare delivery systems focusing on the following major components.

- Enhance opportunities for economic recovery, close socioeconomic gaps, and improve access to high quality services, focus on building sustainable housing and service buildings.
- Improving health and wellness of individuals and communities by contributing towards fostering a healthcare system that will respect and ensure safety and the wellbeing of our people.
- Invest in mental health and wellness strategies and provide culturally appropriate wraparound services for substance use and dependence, suicide prevention, trauma and treatment.



Strengthen our community's crisis response within the community. Utilizing our community champions and providing them with adequate training. Hosting meetings in the community to bring together the members who are able to support during crises.

- Reclaim full jurisdiction in the area, such as child and family services.
- Work towards eliminating water advisories on KO reserves and ensure sustainable access to clean water.
- Assist in connection of reliable energy to eliminate brownouts and provide the necessary capacity to expand the community's infrastructure resources.
- Hire and train our community members to work in the field of services for growth and wellness in the community without outside intervention. Training on footcare, personal support services, wound care, palliative care and discharge planning.
- Transfer of primary nursing care to allow the community to have access to quality healthcare services and self-determination.



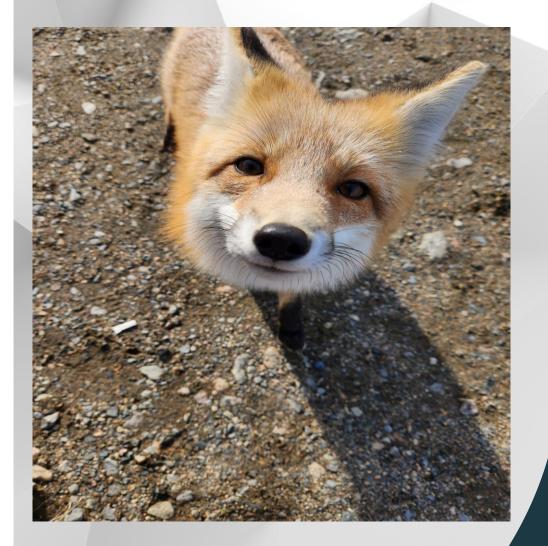
To obtain Health Transformation/ Health Governance is to understand the best practices that enhance accountability and transparency in health service planning and delivery. This starts the understanding governance.

- Mission, Vision, Principles and Values
- Short- and Long-Term Goals
- Strategic Plans
- Communication
- **Roles and Responsibilities Defined**
- Strong Relationships Between Employees and Community Leadership and Members

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Keewaytinook Okimakanak Health Department

When developing or examining Health Governance, we need to take into account geographic location of the community, economic supports, sources of funding, community size, and community's priorities.





Recruiting, Employing and Engaging Community Members.