

Pick up your FIT kit from your nursing station/health centre.





What is inside the FIT kit?





Collect the sample by following the instruction sheet.





HEALTH CENTRE

TURN PAGE /



HEALTH CENTRE

Bring the FIT kit back to the nursing station/health centre within **2 days** of collecting the sample.



Results will be given to you by your healthcare provider and sent to you directly by mail from Ontario Health.



For more information or if you have questions, contact your healthcare provider.





