

HOW TO WEAR GLOVES



Sioux Lookout
First Nations
Health Authority

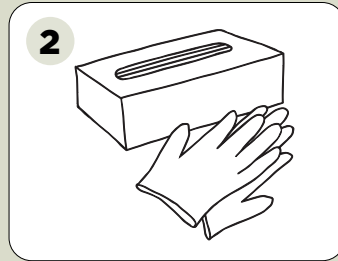
**CORONAVIRUS
COVID-19**

ONE PAIR OF GLOVES SHOULD BE USED FOR ONE TASK. They should never be cleaned or re-used. Do not touch your face while they are on.

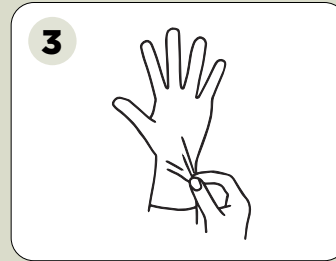
TO PUT ON:



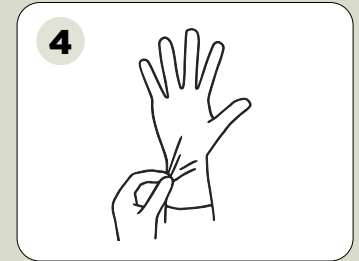
1
WASH HANDS WITH SOAP & WATER FOR 20 SECONDS OR USE HAND SANITIZER.



2
CHOOSE GLOVES THAT FIT WELL.

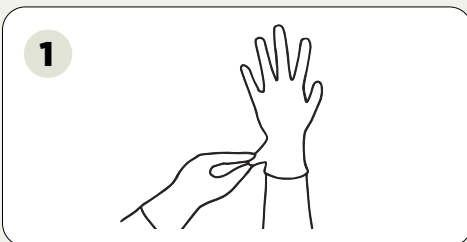


3
PULL THE GLOVE OVER FINGERS AND MAKE SURE IT COVERS THE WRIST.



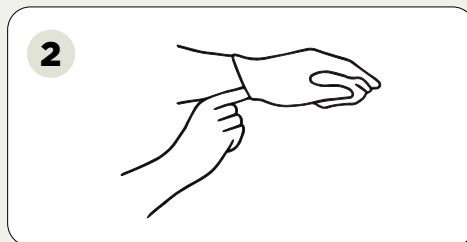
4
REPEAT THIS WITH THE SECOND GLOVE ON THE OTHER HAND.

TO TAKE OFF:



1
GRASP THE OUTSIDE OF THE GLOVE NEAR THE WRIST AND PEEL IT AWAY FROM THE PALM TOWARDS THE FINGERS, ROLLING THE GLOVE INSIDE OUT SO IT ENDS UP IN THE GLOVED HAND.

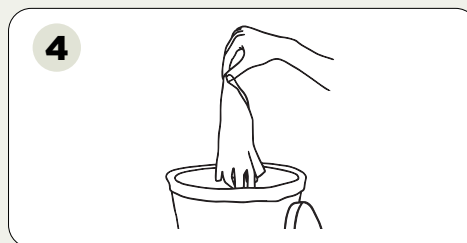
Following these steps will ensure that your bare hands do not come into contact with the outer parts of the gloves, which could be contaminated.



2
USING THE UNGLOVED HAND, SLIDE THE INDEX FINGER INSIDE THE WRIST BAND OF THE GLOVED HAND.



3
PULL THE GLOVE OUTWARDS AND DOWN TOWARDS THE FINGERS AND REMOVE IT INSIDE OUT. THE FIRST GLOVE SHOULD END UP INSIDE THE SECOND GLOVE.



4
DISCARD BOTH GLOVES IMMEDIATELY INTO A LINED GARBAGE WITH A LID.



5
WASH HANDS WITH SOAP & WATER FOR 20 SECONDS OR USE HAND SANITIZER.

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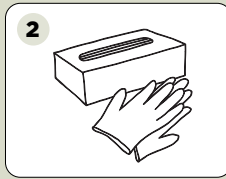
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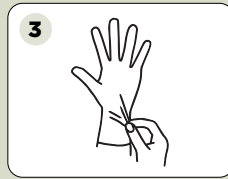
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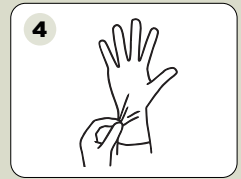
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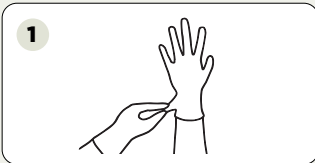


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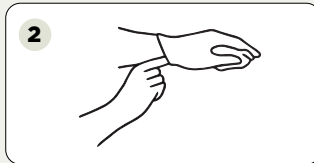


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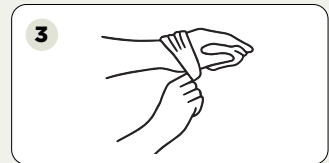
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