



Sioux Lookout
First Nations
Health Authority

CORONAVIRUS COVID-19

FREQUENTLY ASKED QUESTIONS

CASE AND CONTACT MANAGEMENT

MAY 20, 2020

WHAT IS CASE MANAGEMENT?



A case is the term for **someone who has the illness**, in this case COVID-19. Case management means the care that is provided to ensure they receive the proper treatment and do not spread it to anyone else.

WHAT IS CONTACT TRACING?



Contact tracing is the process of **identifying people who may have been exposed** to someone with COVID-19, when that person was infectious.

WHY IS CONTACT TRACING IMPORTANT?



It is very important to find the contacts **as soon as possible** and have them self-isolate and keep their distance from other people **to contain the virus so others do not get sick**. It is important to give them information on COVID-19 and how to reduce the spread of the infection. Contact tracing protects the rest of the community, especially the vulnerable community members.



HOW DO YOU IDENTIFY CONTACTS?

Contact tracing is done by asking the person with COVID-19 who they came in contact with, what activities they did, and where they went while they were infectious **(48 hours before the symptoms start, or when they tested positive, and for 14 days after symptoms started)**.

- We look for household contacts, which is anyone who stayed in the same household while the case was not self-isolating.
- We look at non-household close contacts that had direct contact for an extended period of time (i.e. more than 15 minutes) with them within 2 metres, visited them at their house, or travelled in a small airplane with them.
- People who just pass by on the street or are briefly in the same room are low or no risk and are not followed up for contact tracing.

