



## Mino'yaa Gigishkawaawasowin Aboonijiiyag Healthy Pregnancy/Children

March 6 & 7, 2019

**Dryden Native Friendship Centre**  
74 Queen St, Dryden, ON

*Planned and hosted in partnership with:*  
Dryden Native Friendship Centre  
Fort Frances Tribal Area Health Authority  
Gizhewaadiziwin Health Access Centre  
Kenora Chiefs Advisory  
Metis Nation of Ontario  
Northwestern Health Unit  
Ontario Native Women's Association  
Sioux Lookout First Nations Health Authority

Our 2019 gathering is planned to be an enriching learning opportunity to increase knowledge, enhance self-awareness, build relationships and strengthen the skills and confidence of those who work directly with Indigenous families. This **free 2 day event** is for AHBHC/HBHC workers, Community and Public Health Nurses, Home Visitors, Health Educators and other service providers who support Indigenous families with children 0 - 6.

### Topics include:

- *Residential School & Impact on Parenting - Historical ways to recovery incorporating healthy childrearing using cultural practices.*
- *Traditional medicines that help support pregnancy prior, during and post pregnancy.*
- *Traditional Roles of Men, the Introduction of Europeans, Canadian Law & Policy, How do we Begin to Heal*
- *Use of Doula's in the Community*
- *Traditional Child Rearing - Community driven work with direction from Elders*
- *Circles of Care - A systems approach to family well-being*
- *Discussion on promising practices and resources including: Smudging, Make the Connection, Children See Children Learn, and more!*

A block of rooms is currently being held at the Best Western Hotel in Dryden (223-3201). Please book your room by referencing the block of rooms under the NWHU. This block of rooms is being held until February 20th, 2019.

1 night accommodation & mileage may be provided for service providers requiring financial support to attend the event.

\*Booths will be available on site for you to display your organizations programs or resources.

### **March 6<sup>th</sup>, 2019** (9:30 a.m. – 4:30 p.m.)

Registration begins at 9:30 a.m. with the opening ceremony at 10:30 a.m. \*Lunch and dinner is provided to participants.

### **March 7<sup>th</sup>, 2019** (8:00 a.m. – 3:00 p.m.)

Breakfast will be served between 8:00 – 9:00 a.m. Presentation start at 9:00 a.m. – 3:00 p.m. \*Lunch is provided.

### To register please call:

Sandra Whalen, Program Assistant - Northwestern Health Unit  
1-800-461-3348, ext. 303628