

*Communities
can work together
to eliminate TB!*



*TB is curable
and preventable...*
Think TB!

Canada

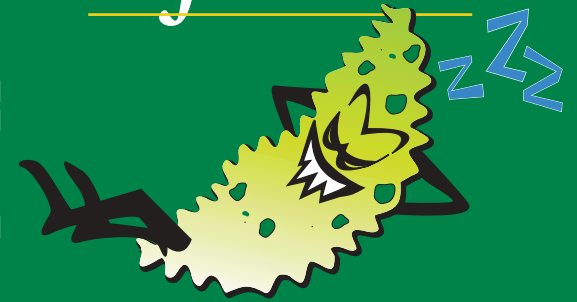
For more information contact
your local health center:



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TB *Infection*



Health
Canada

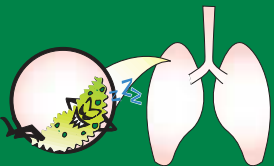
Santé
Canada

What is tuberculosis (TB)?



TB is caused by bacteria (germs) and is spread when a person with TB disease of the lungs coughs the germs into the air. People sharing that air may breathe in the germs and develop either...

TB infection...



The germs are asleep, not causing damage, and cannot be spread to others.

TB disease...

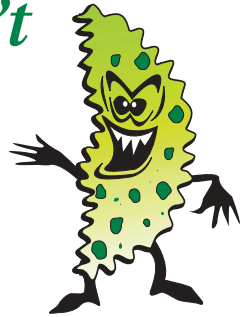


The germs are awake and causing damage, TB disease of the lungs is contagious.



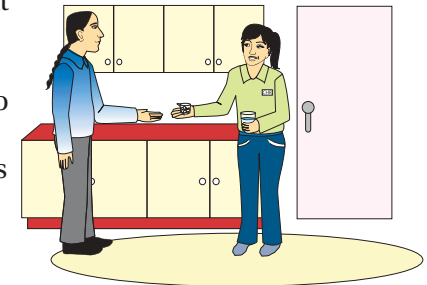
The germs can wake up and cause TB disease later in life.

Preventing TB Disease - don't let TB Infection wake up!!



Making the decision about prevention TB medication...

- The decision to accept the prevention TB pills is yours.
- The community nurse will talk over the details of taking TB medication with you.
- The medicine needs to be taken for about 6 to 9 months. A health worker will meet with you twice a week to give you your pills.
- You will need to have blood tests while you are taking the medication.
- Keep in mind your decision and commitment to prevent TB now for yourself also means you will not pass on TB to your family and friends in the future.



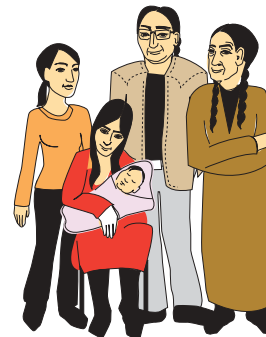
You have a significant (positive) TB skin test. This means you have the TB germ asleep in your body, called TB infection.

If you are healthy, you have a 1 in 10 lifetime chance of the TB germs waking up and causing TB disease. If you have conditions that make it hard for you to fight infections, your chance of getting TB disease is greater.

Prevent TB

You can get rid of the TB infection by taking special TB antibiotics.

- These medicines kill the sleeping TB germs before they have a chance to wake up. This prevents you from getting TB disease!
- By preventing TB disease for yourself, you are protecting your family and friends.



TB IS PREVENTABLE AND CURABLE