



STOP THE SPREAD

Infections such as **HIV, hepatitis C and hepatitis B** can be prevented.

Working together, we can **stop** their spread in our communities.

Get informed. Get tested.

Talk to your local health care provider to find out more or visit www.SLFNHA.com

Tests and immunizations are available at your local nursing station or health unit



Sioux Lookout First Nations Health Authority
Health Care in Partnership with First Nations

Brought to you by the Sexually Transmitted / Blood Borne Infection Working Group
With funding provided by Health Canada

Are you at risk for HEPATITIS B, HEPATITIS C or HIV?

- Have you ever:
- Had sex without a condom?
 - Had oral sex?
 - Used a needle that was used by someone else?
(for drugs, piercings, tattoos)
 - Used drug tools that were used by someone else?
(pipes, straws, spoons, filters, water)
 - Shared sex toys?

If you answered 'yes' to any of these questions **GET TESTED.**

PROTECT YOURSELF, YOUR FAMILY, YOUR FRIENDS.

- Always use lubricated condoms for sex (vaginal or anal)
- Use dental dams or condoms for oral sex
- Never use someone else's needles, spoons, straws, water, filters or pipes
- Get tested and treated for sexually transmitted infections
- For your general health, you should never reuse needles

FOR CONDOMS, CLEAN NEEDLES, TESTING and IMMUNIZATIONS go to your local nursing station or health unit