



Sioux Lookout
First Nations
Health Authority



Approaches to Community Wellbeing
Regional Wellness Response Program

Funded by: Aboriginal Healing and Wellness Strategy
Ministry of Community & Social Service

Orientation to Community/Family Healing Program

Sioux Lookout, ON
October 13 – 20, 2017

What is it?

This is a six day experience, which will introduce concepts of healing and wellness for community, family and self, through Indigenous worldview. The program will focus on the state of communities and families as they are today and will examine impacts of colonization and the issues of living as an Indigenous person in a non-Indigenous world

What are the benefits?

It will deepen self-awareness, promote healthy life skills, and give you some tools to build relationship and parenting skills. Get in touch with the power of your own spirit connection.

What will be taught?

Along with affirming Indigenous worldview you will learn how historical trauma has impacted present generations; You will also be taught life skills to help you manage in today's world and learn how to move beyond past hurts.

Who to contact for Application?

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