

*Communities
can work together
to eliminate TB!*



*TB is curable
and preventable...*
Think TB!

Canada

Please return to the health centre on

_____ to
have your test checked.

Health centre phone number

_____.

*Tests not read by a nurse or CHR within 48
to 72 hours of being given will need to be
repeated. All tests, even when there
appears to be no change to the skin, must
be checked.*

For more information contact
your local health centre:

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TB

Skin Tests



Health
Canada

Santé
Canada

What is tuberculosis (TB)?



TB is caused by bacteria (germs) and is spread when a person with TB disease of the lungs coughs the germs into the air. People sharing that air may breathe in the germs and develop either...

TB infection...



The germs are asleep, not causing damage, and cannot be spread to others.

TB disease...



The germs are awake and causing damage. TB disease of the lungs is contagious.



The germs can wake up and cause TB disease later in life.

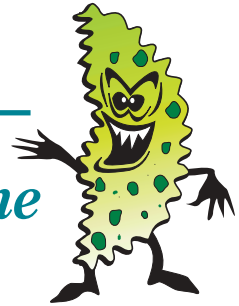
What is a TB skin test?

TB skin tests determine if a person has TB bacteria in their body. A nurse injects a small amount of special fluid into the skin of the arm. Forty-eight to 72 hours later, a nurse or CHR reads the test by examining the arm.

What do the TB skin test results mean?

A significant (positive) skin test means the person has breathed in the TB germ at some time in his or her life. Other types of tests, such as a chest x-ray or sputum sample will show whether the germ is asleep (TB infection) or awake (TB disease).

Aftercare for the TB skin test



Do

- Keep the area clean and dry
- Shower or bathe as usual
- Apply a cold damp cloth to the area if red and tender
- Cover with gauze if blisters form
- Talk to your nurse if you have questions or concerns

Don't

- Cover the test site with a band aid
- Scratch or pick at the test site
- Apply creams or lotions

**TB IS
PREVENTABLE
AND CURABLE**